

Assessing Substance Use in our Communities

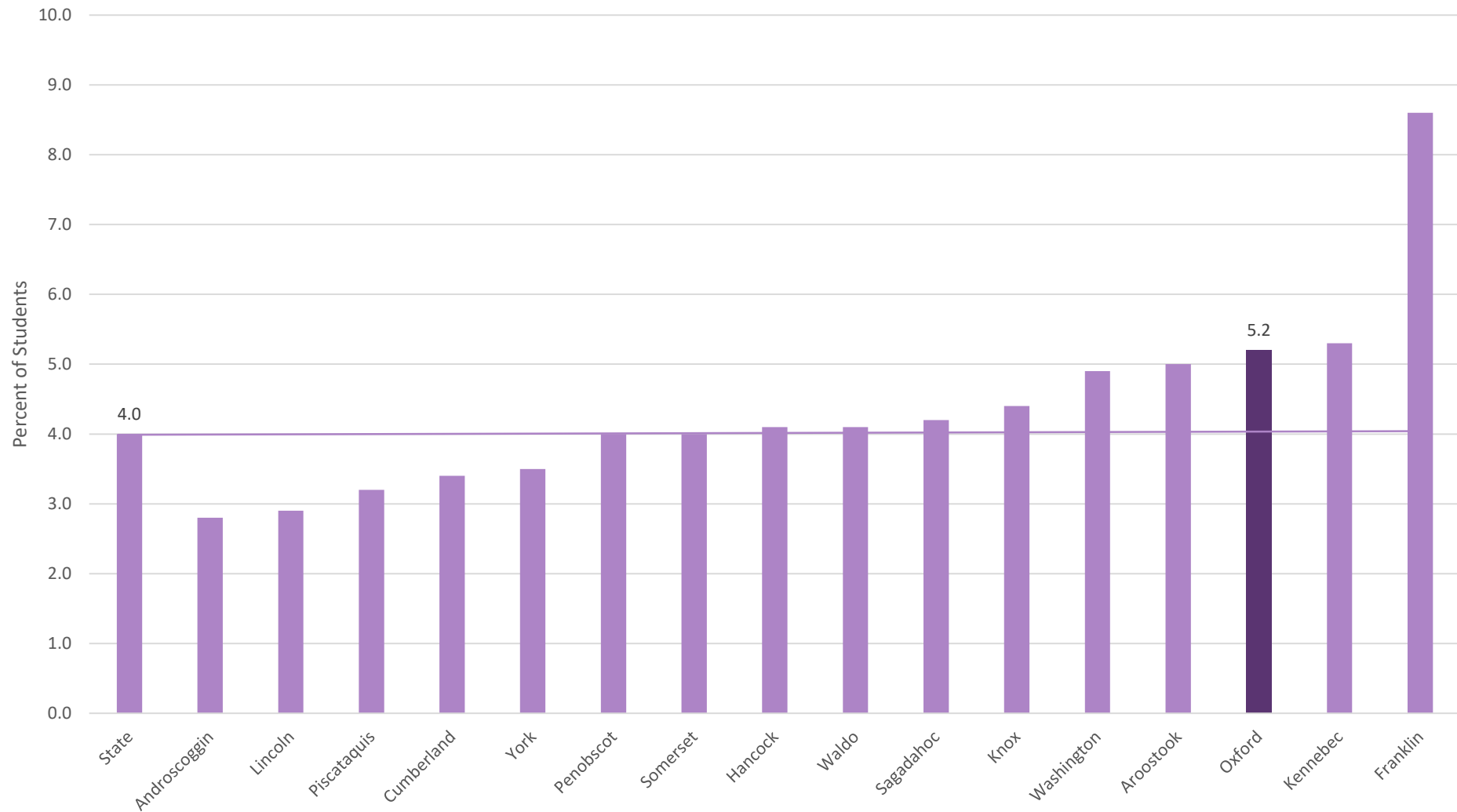
HEALTHY OXFORD HILLS COALITION MEETING

FEBRUARY 2, 2021

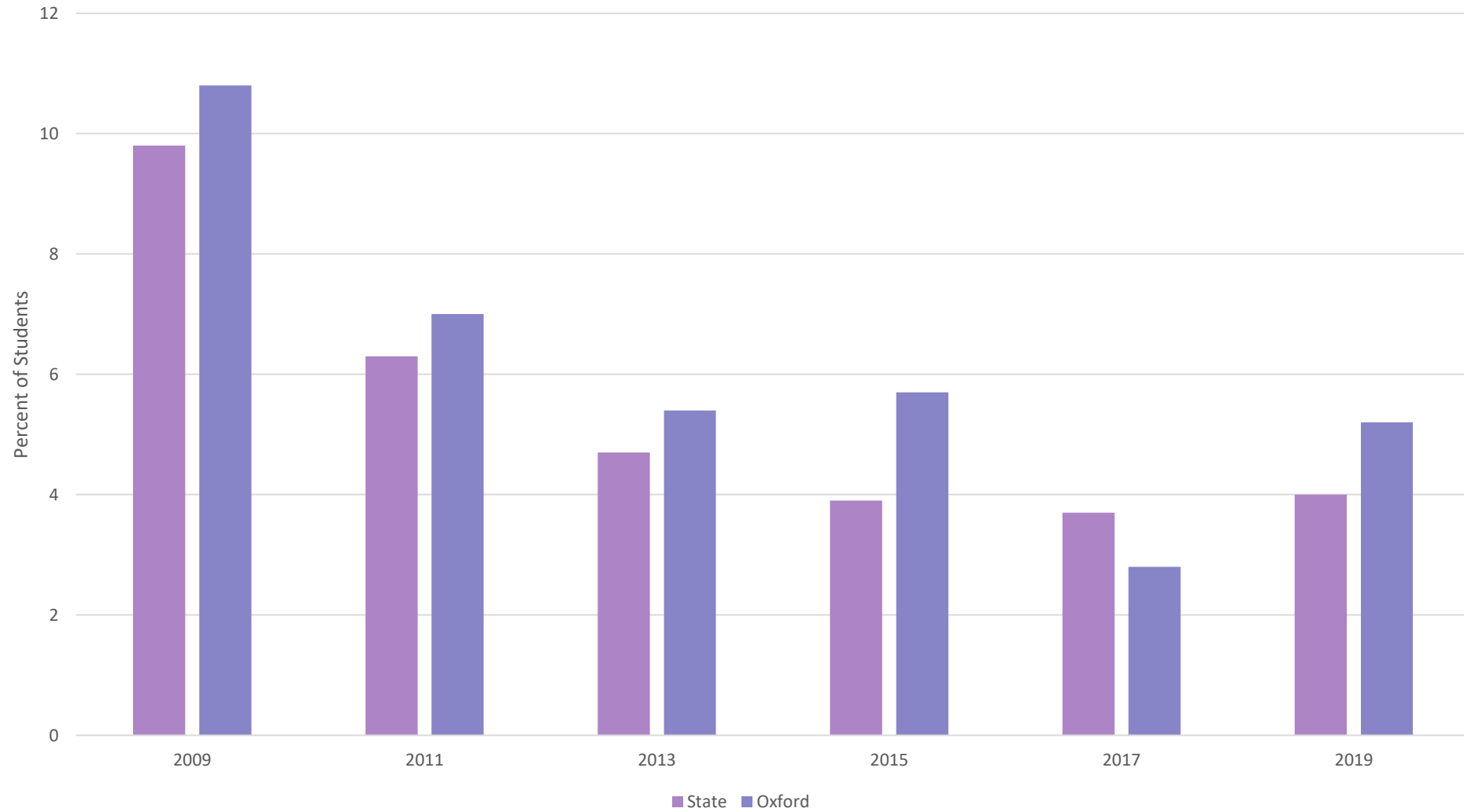
Words Matter

Instead of...	Use...	Because...
Addict User Substance or drug abuser Junkie Alcoholic Drunk Substance dependence Former addict Reformed addict	<ul style="list-style-type: none">• Person with opioid use disorder (OUD)/SUD or person with opioid addiction• Patient• Person in recovery or long-term recovery For heavy alcohol use: <ul style="list-style-type: none">• Unhealthy, harmful, or hazardous alcohol use• Person with alcohol use disorder	<ul style="list-style-type: none">• Person-first language.• The change shows that a person “has” a problem, rather than “is” the problem.⁷• The terms to avoid elicit negative associations, punitive attitudes, and individual blame.⁷

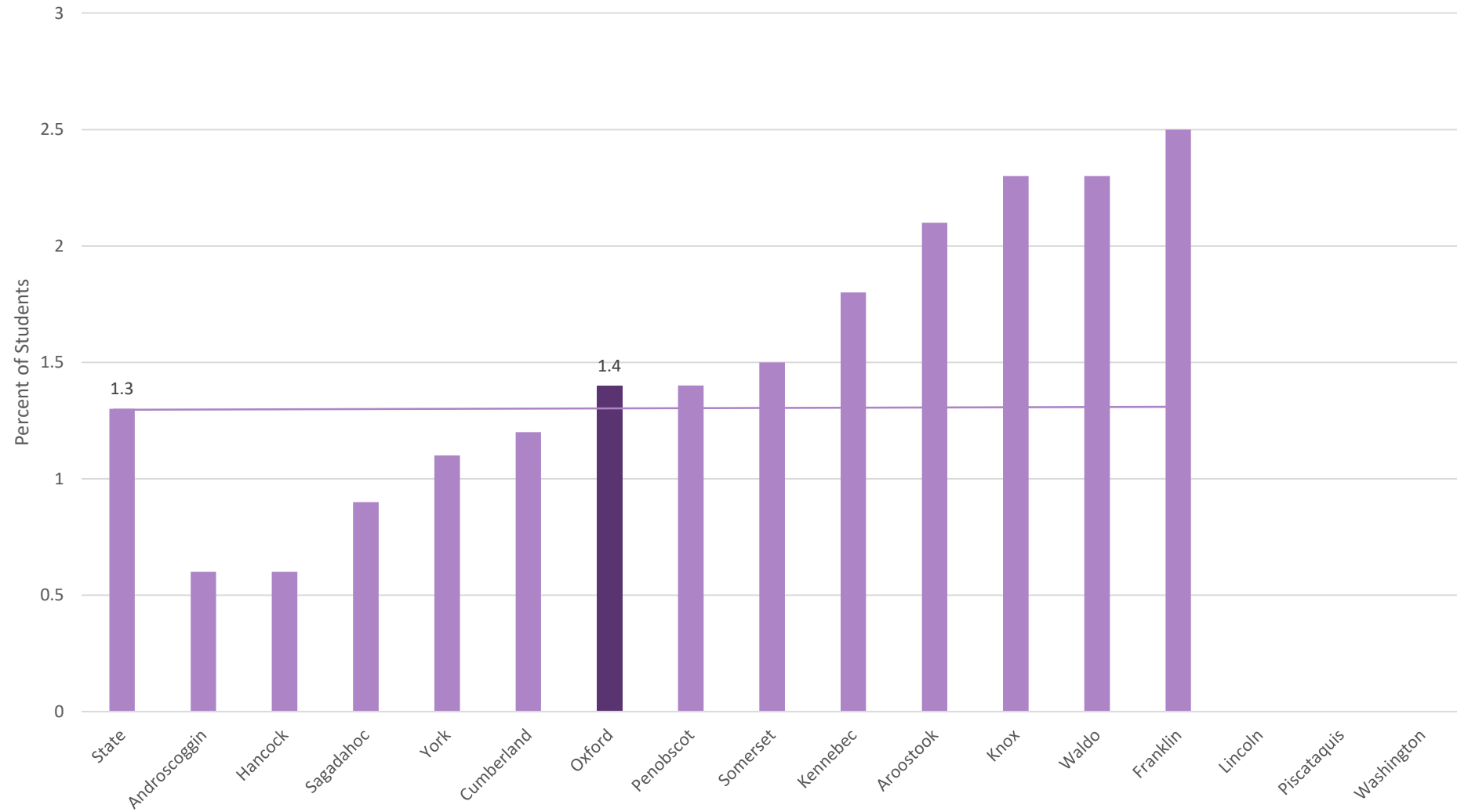
Middle School: Past 30 Day Alcohol Use



Middle School: Past 30 Day Alcohol Use

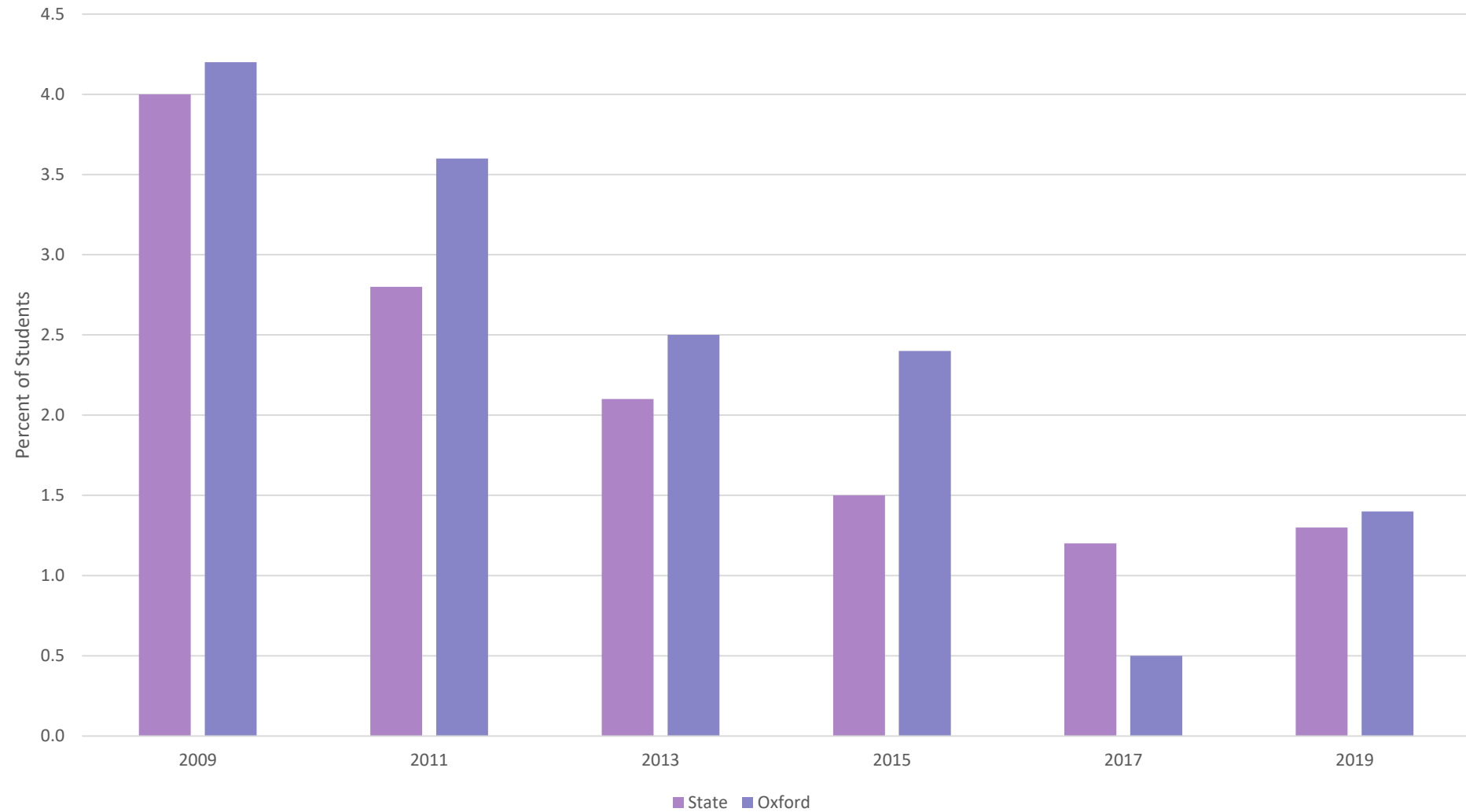


Middle School: Binge Drinking

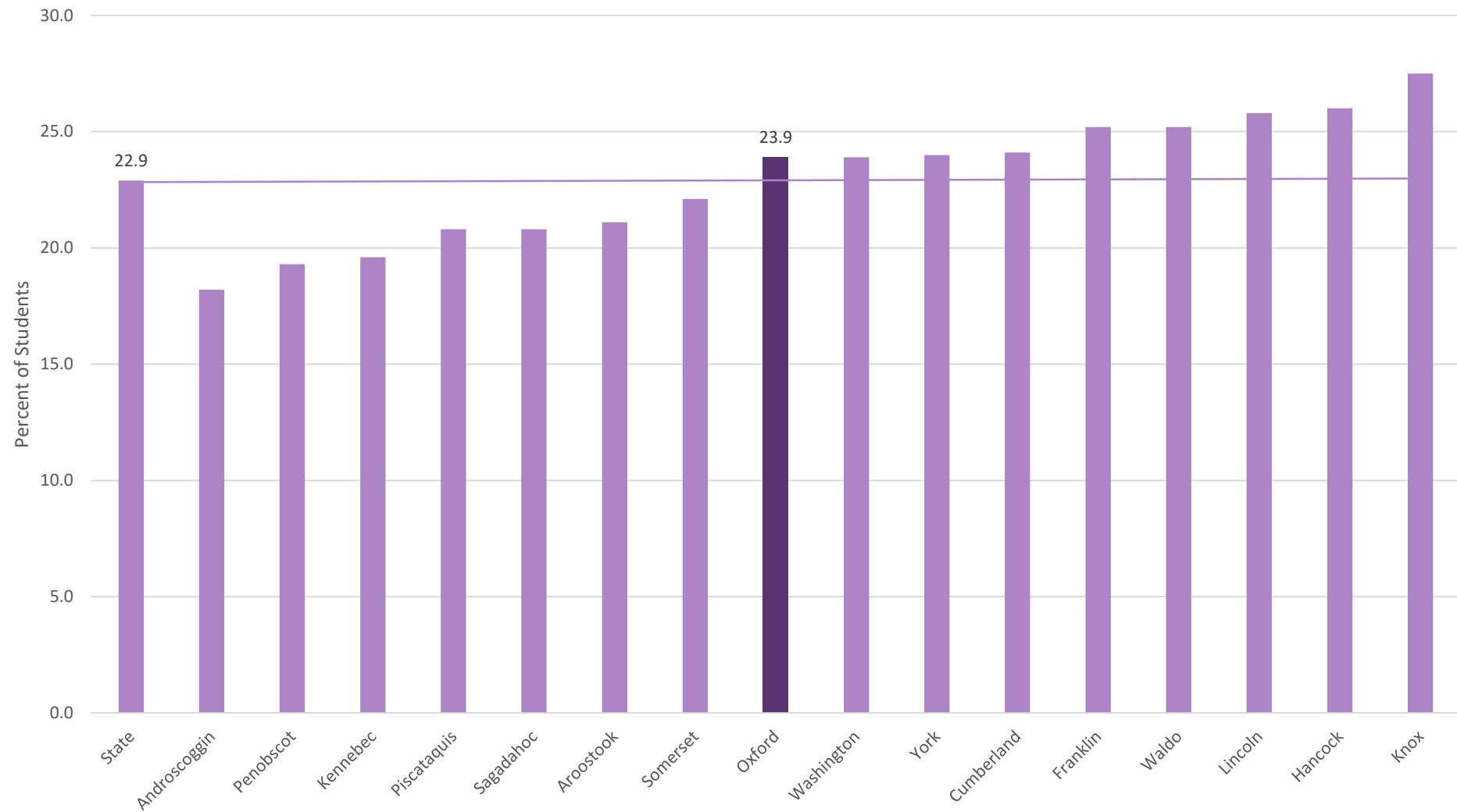


Source: 2019 MIYHS

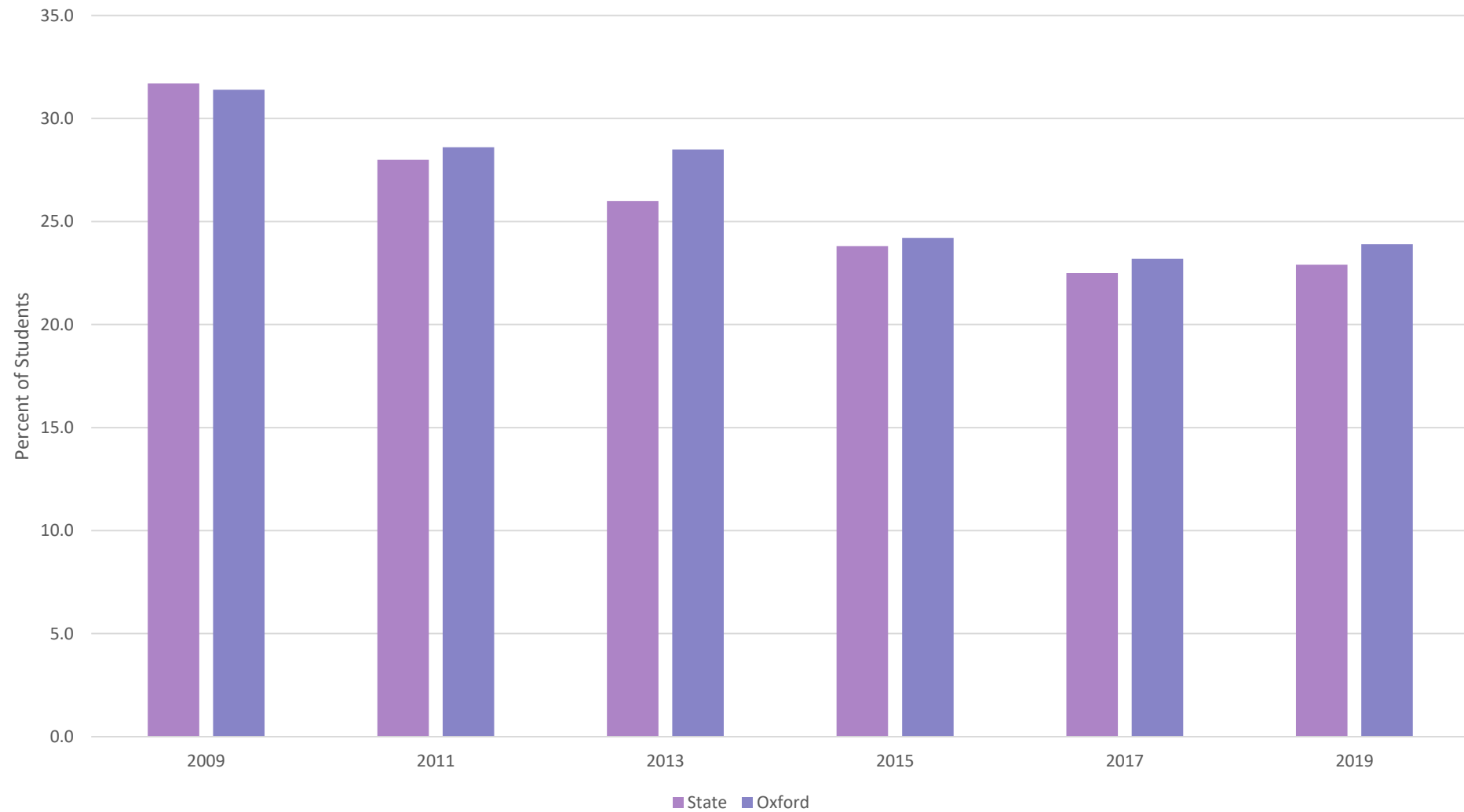
Middle School: Binge Drinking



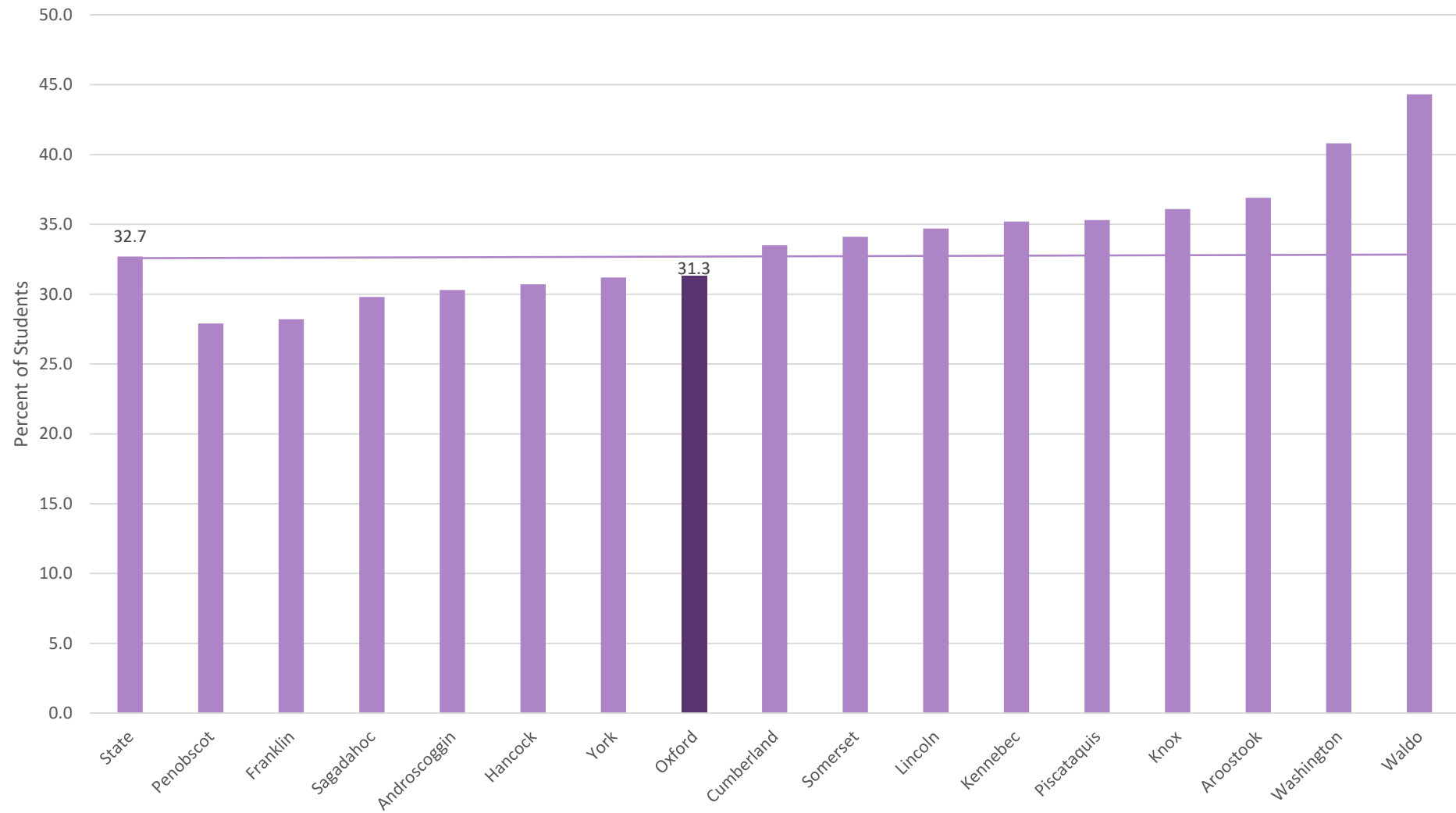
High School: Past 30 Day Alcohol Use



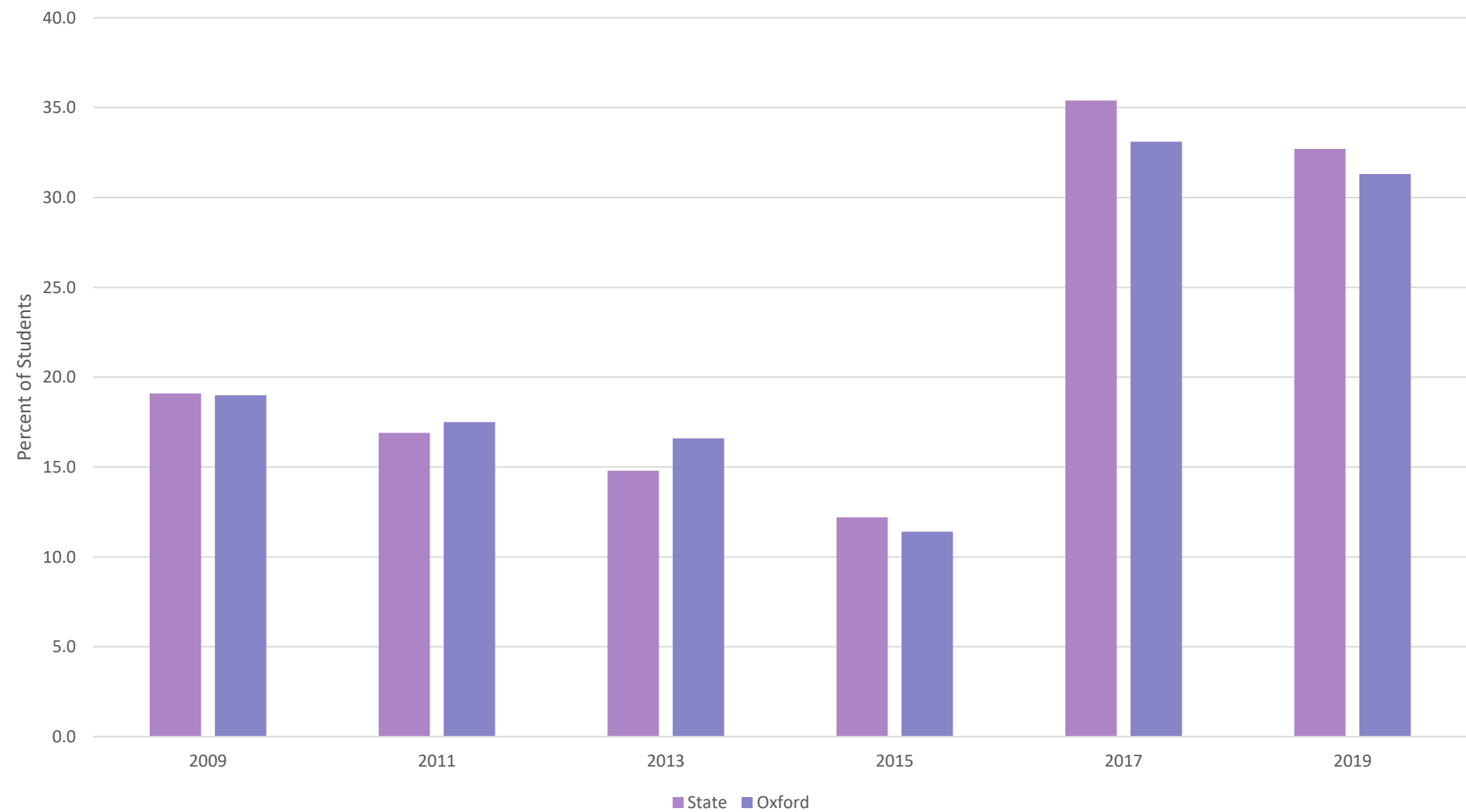
High School: Past 30 Day Alcohol Use



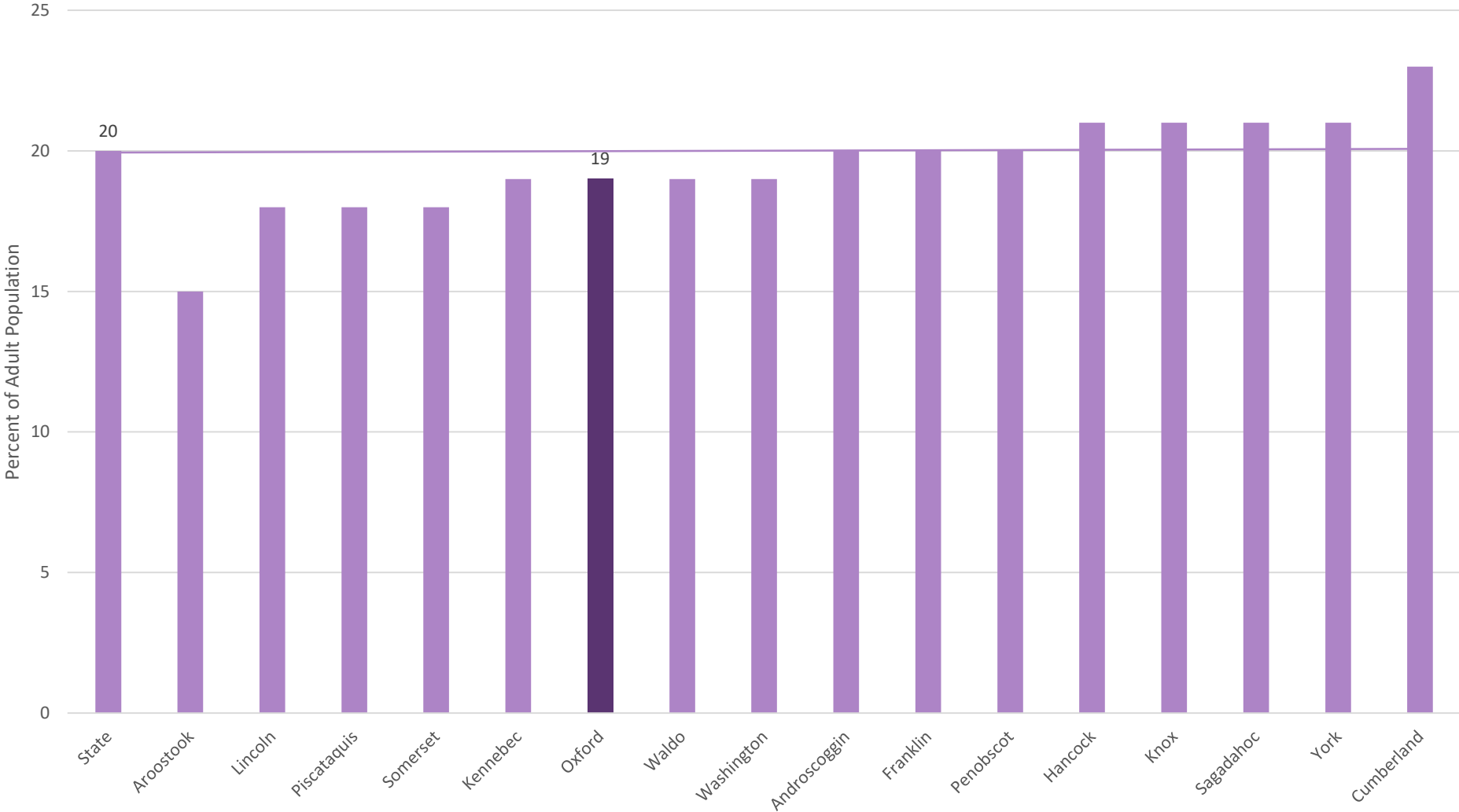
High School: Binge Drinking



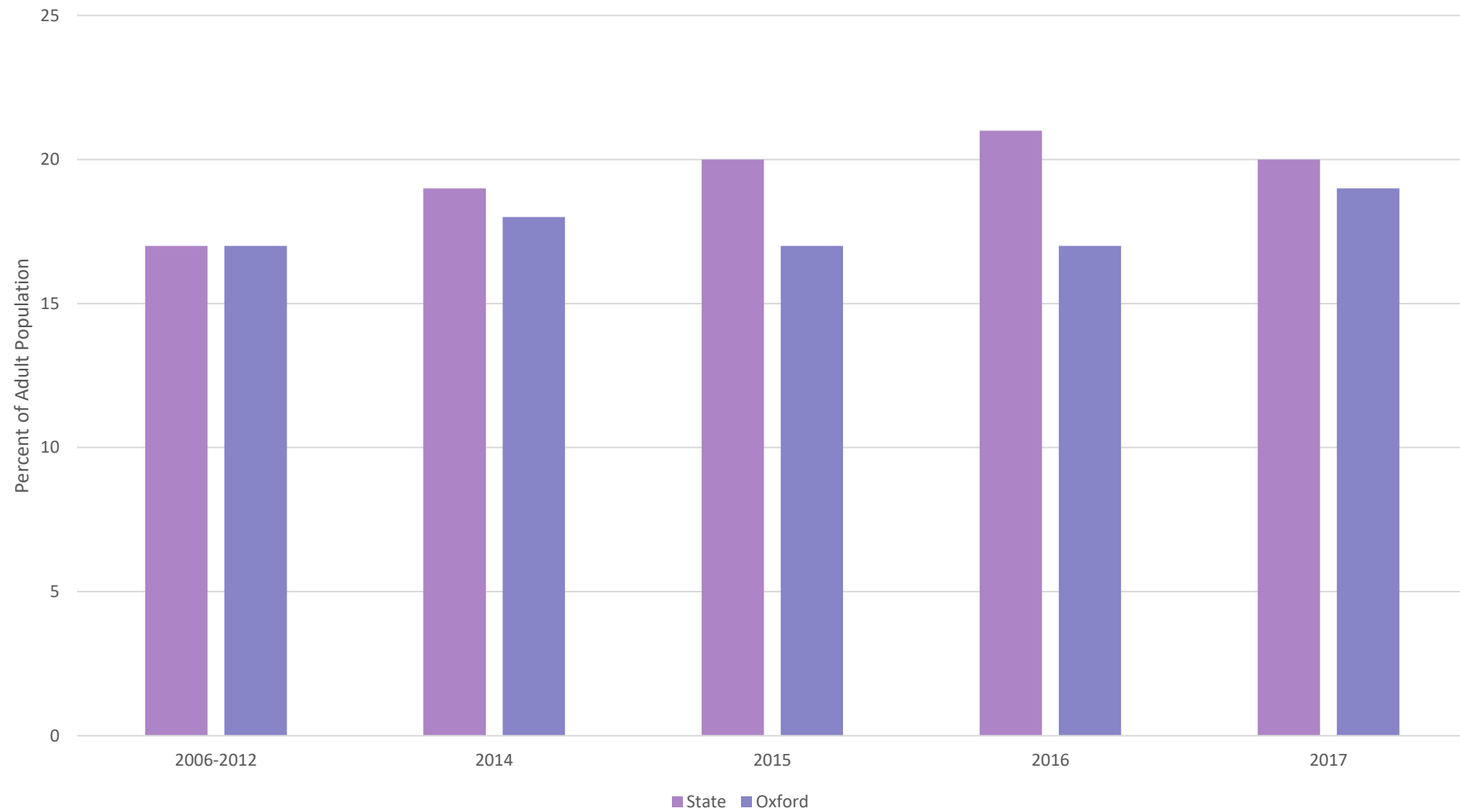
High School: Binge Drinking



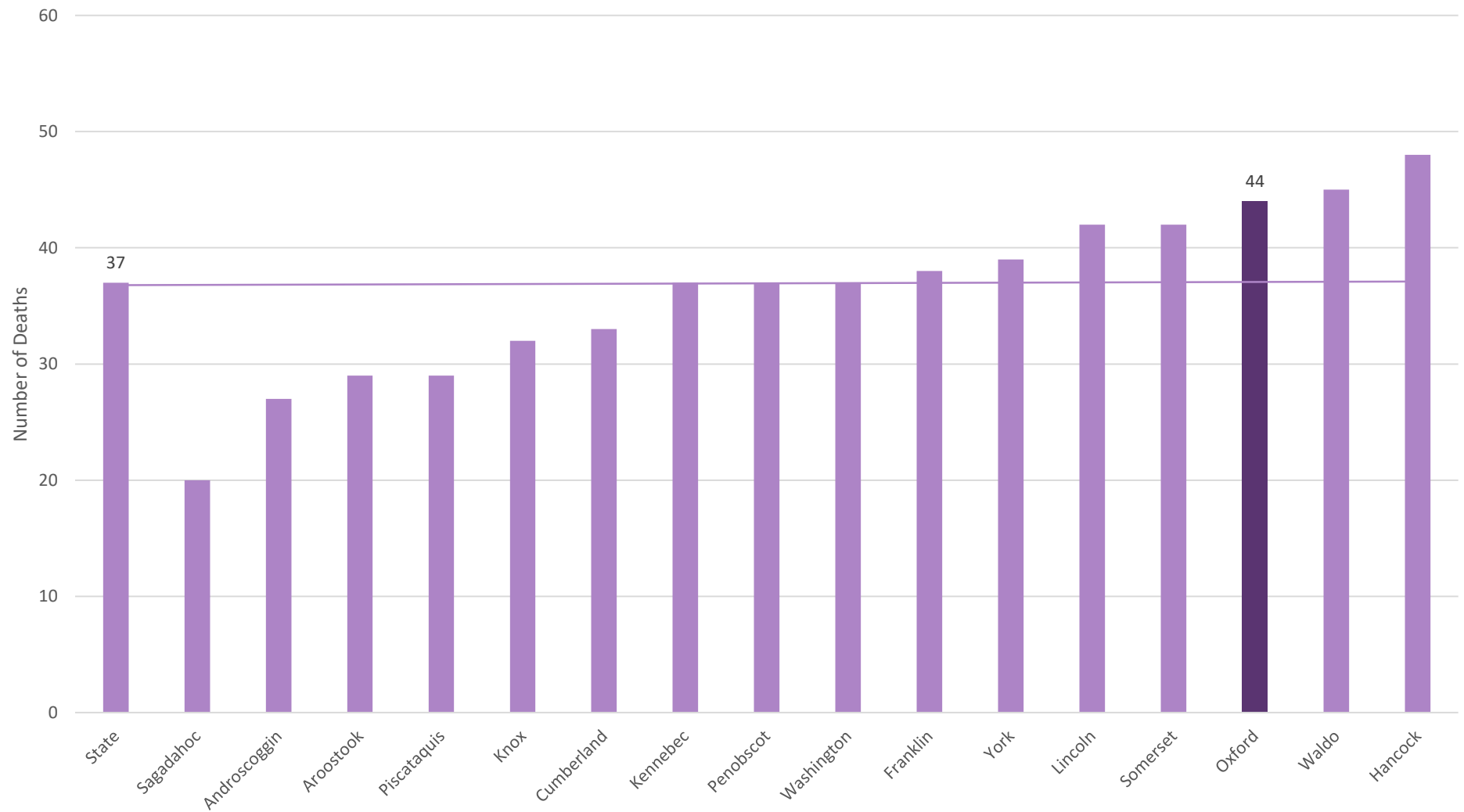
Excessive Drinking by Adults



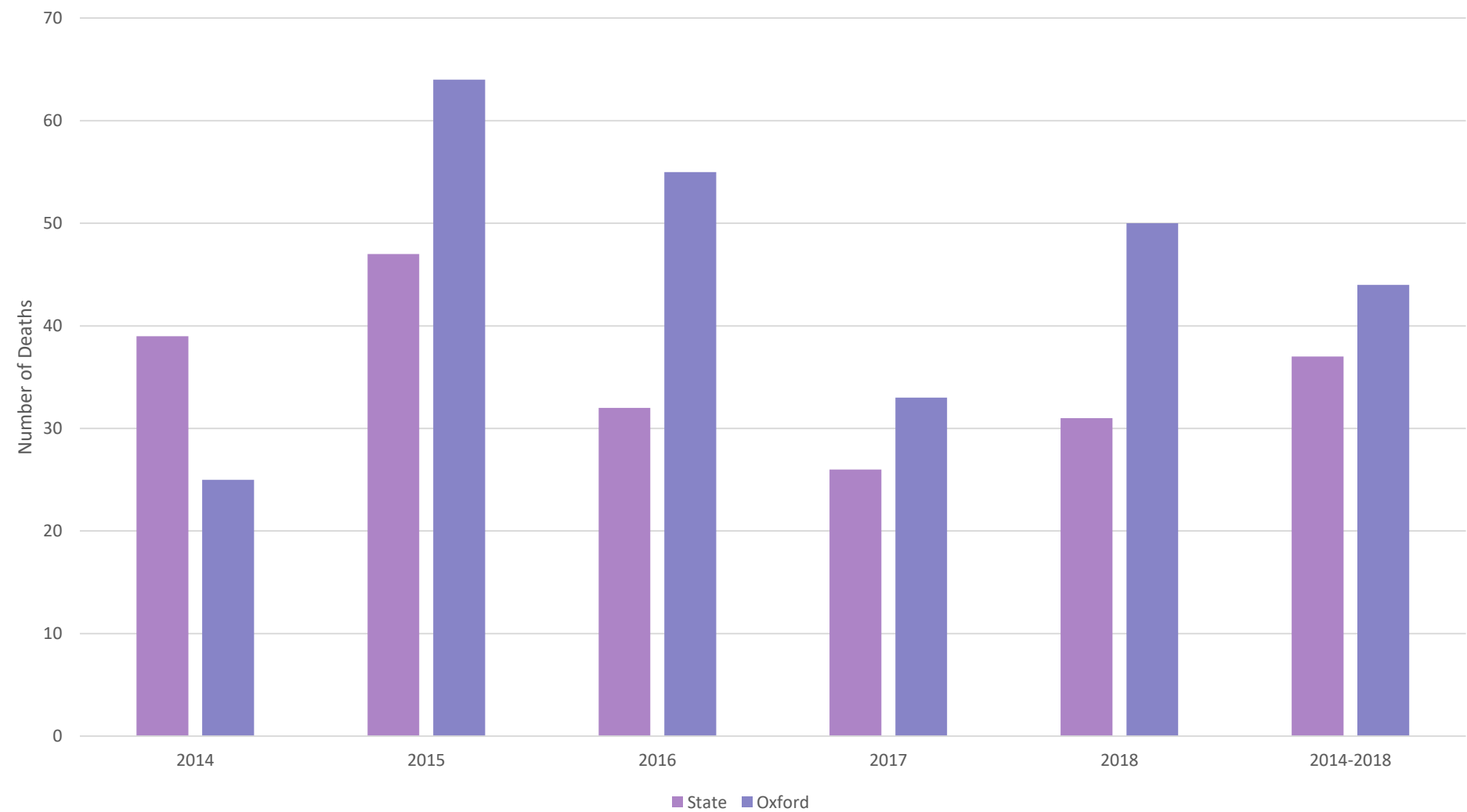
Excessive Drinking vs State Average



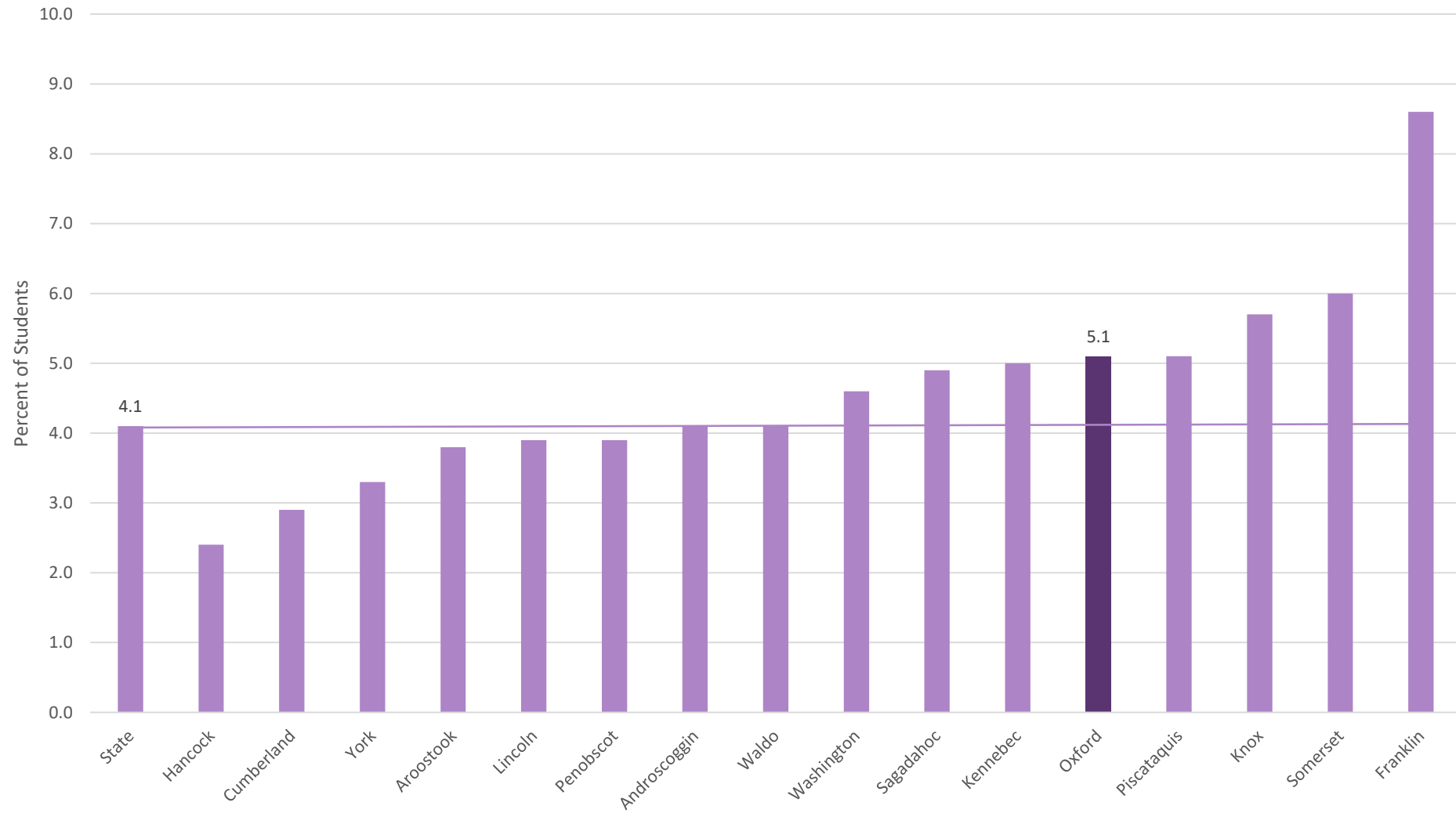
Alcohol-Impaired Driving Deaths



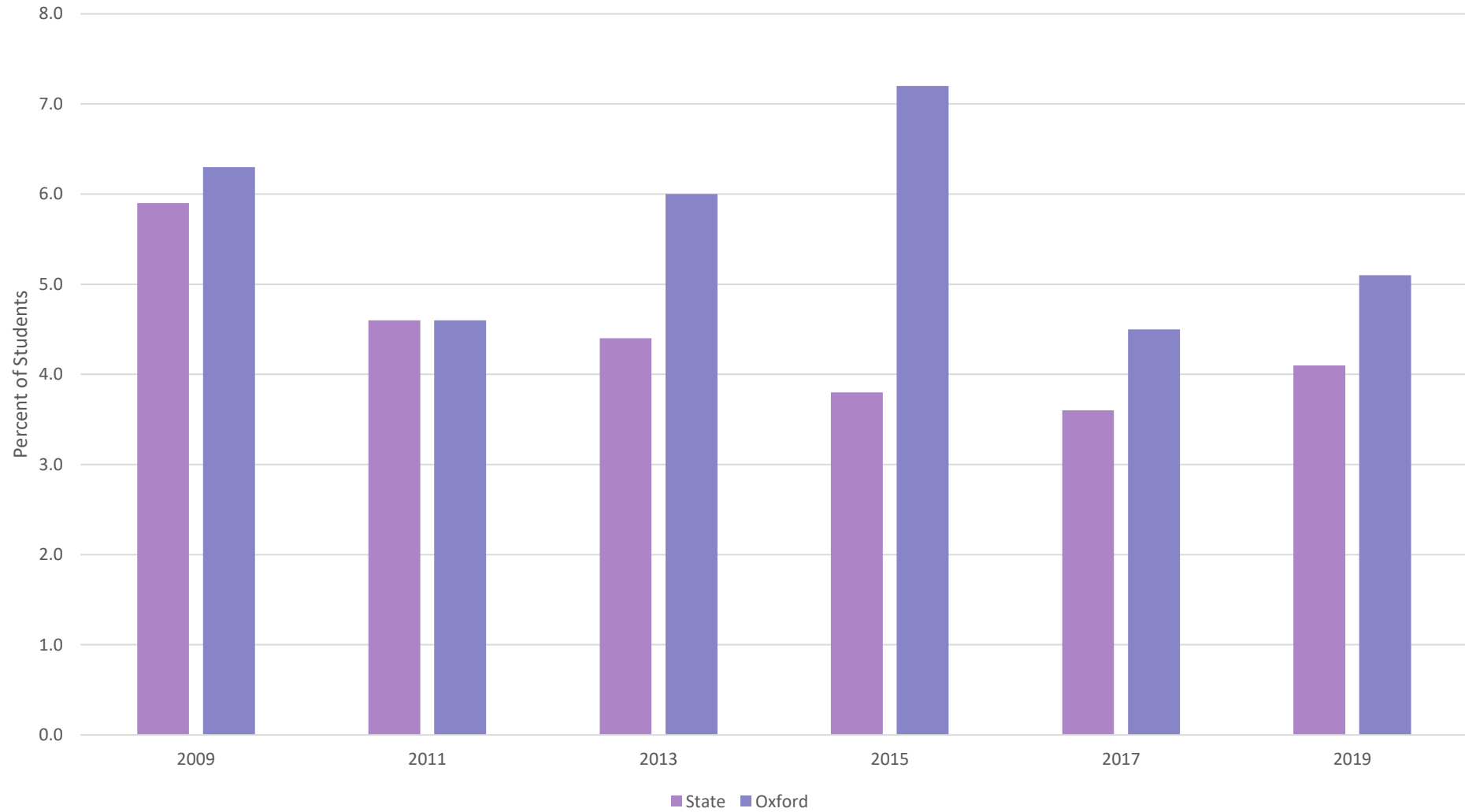
Alcohol-Impaired Driving Deaths



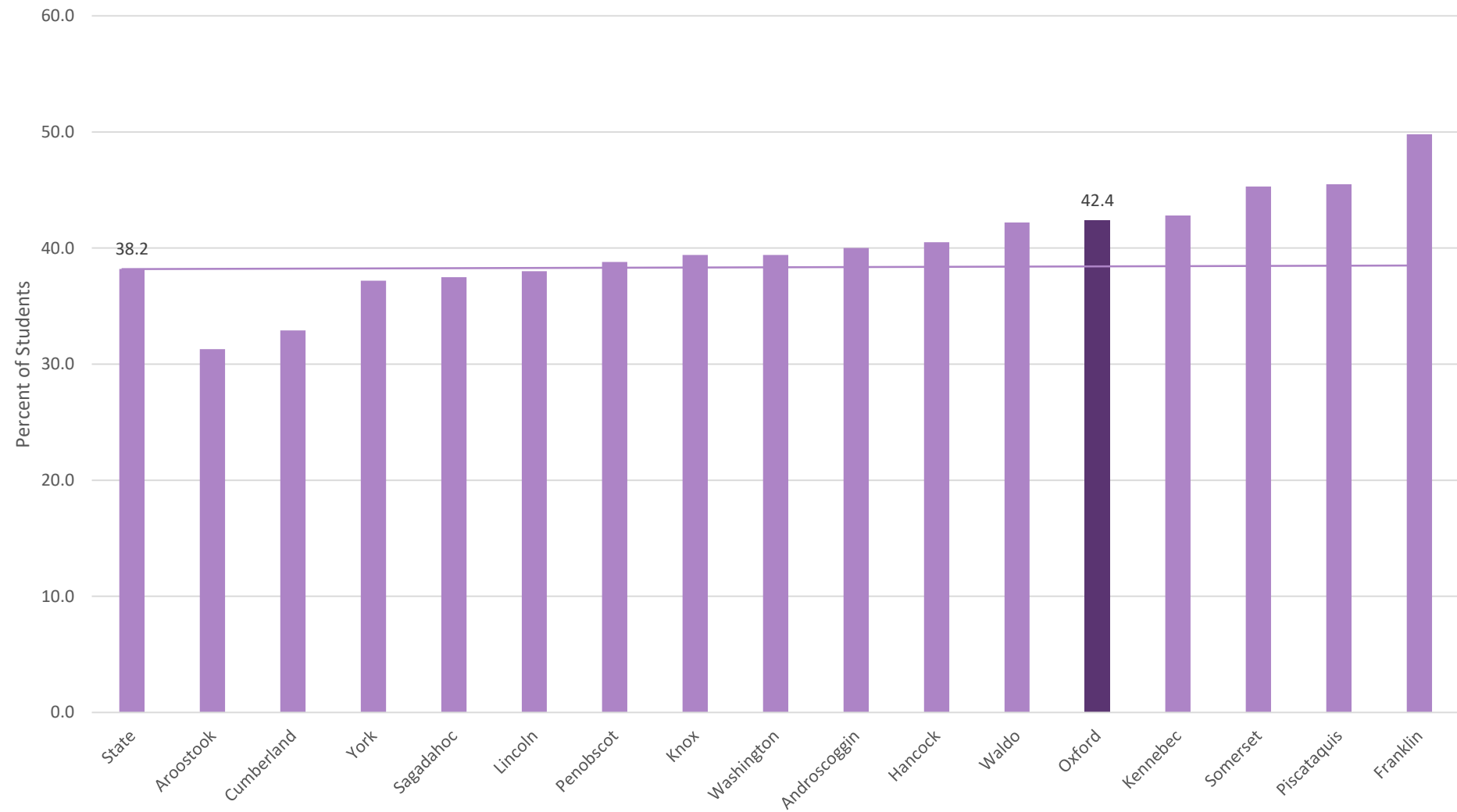
Middle School: Past 30 Day Marijuana Use



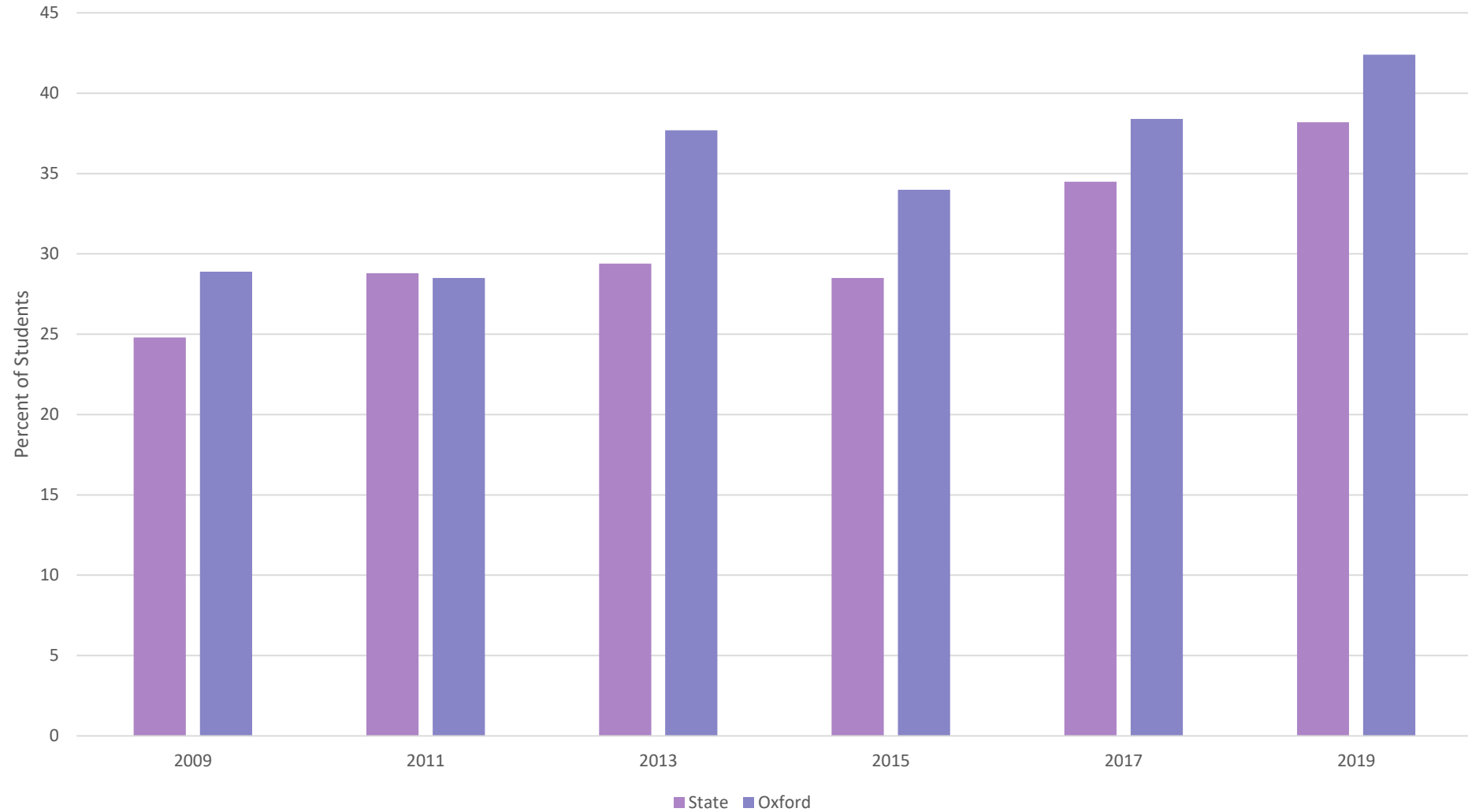
Middle School: Past 30 Day Marijuana Use



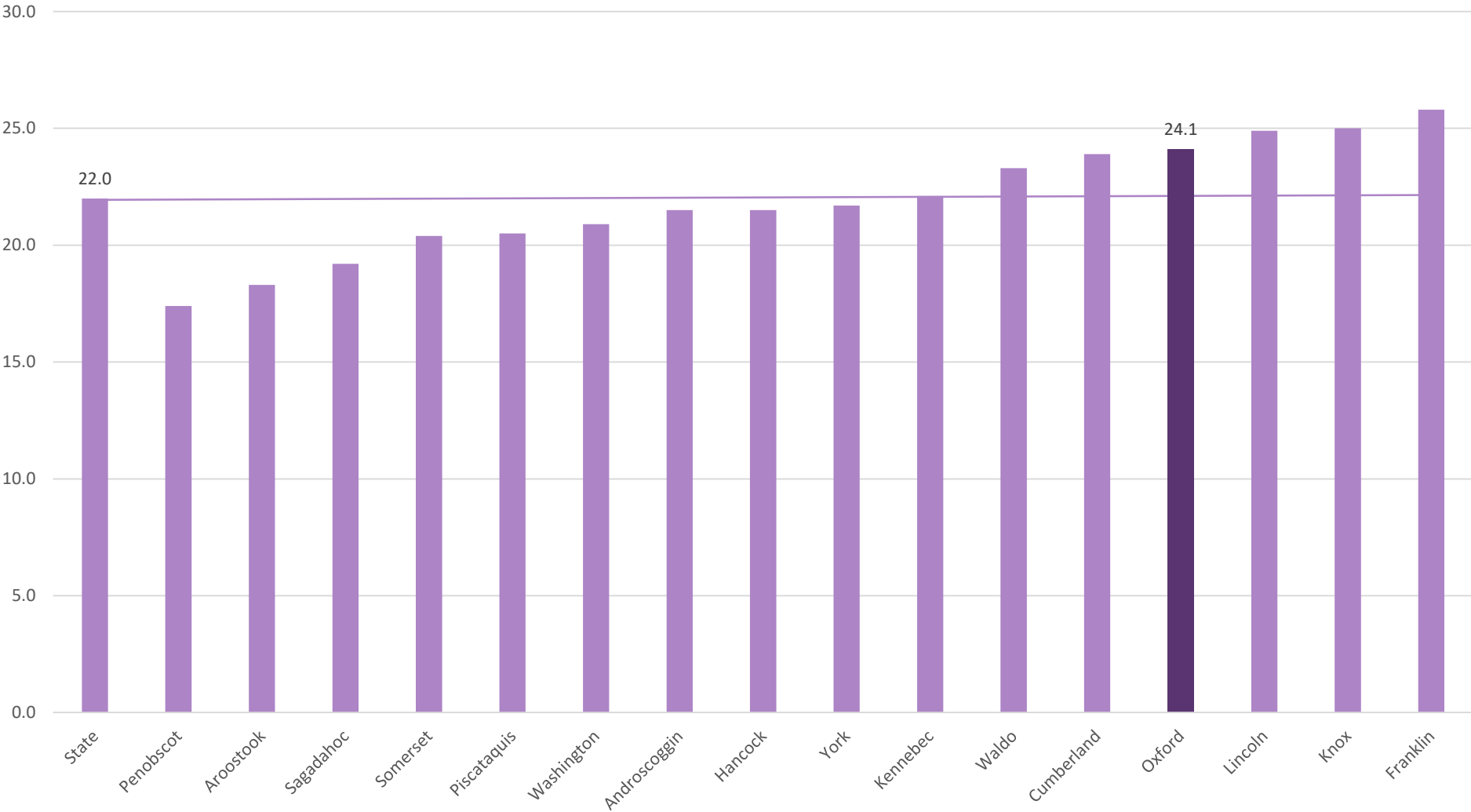
Middle School: Belief That Marijuana Is Low Risk



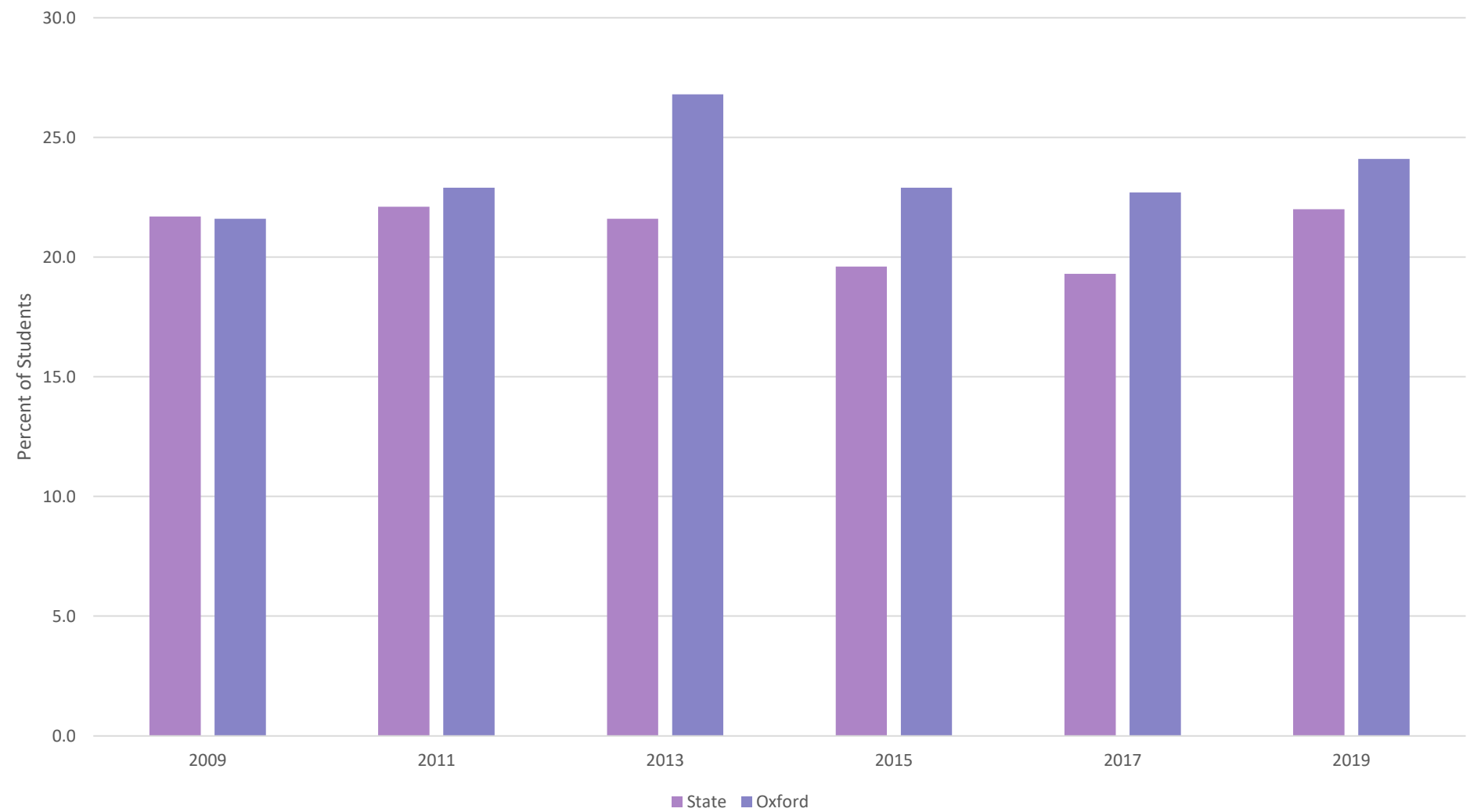
Middle School: Belief That Marijuana Is Low Risk



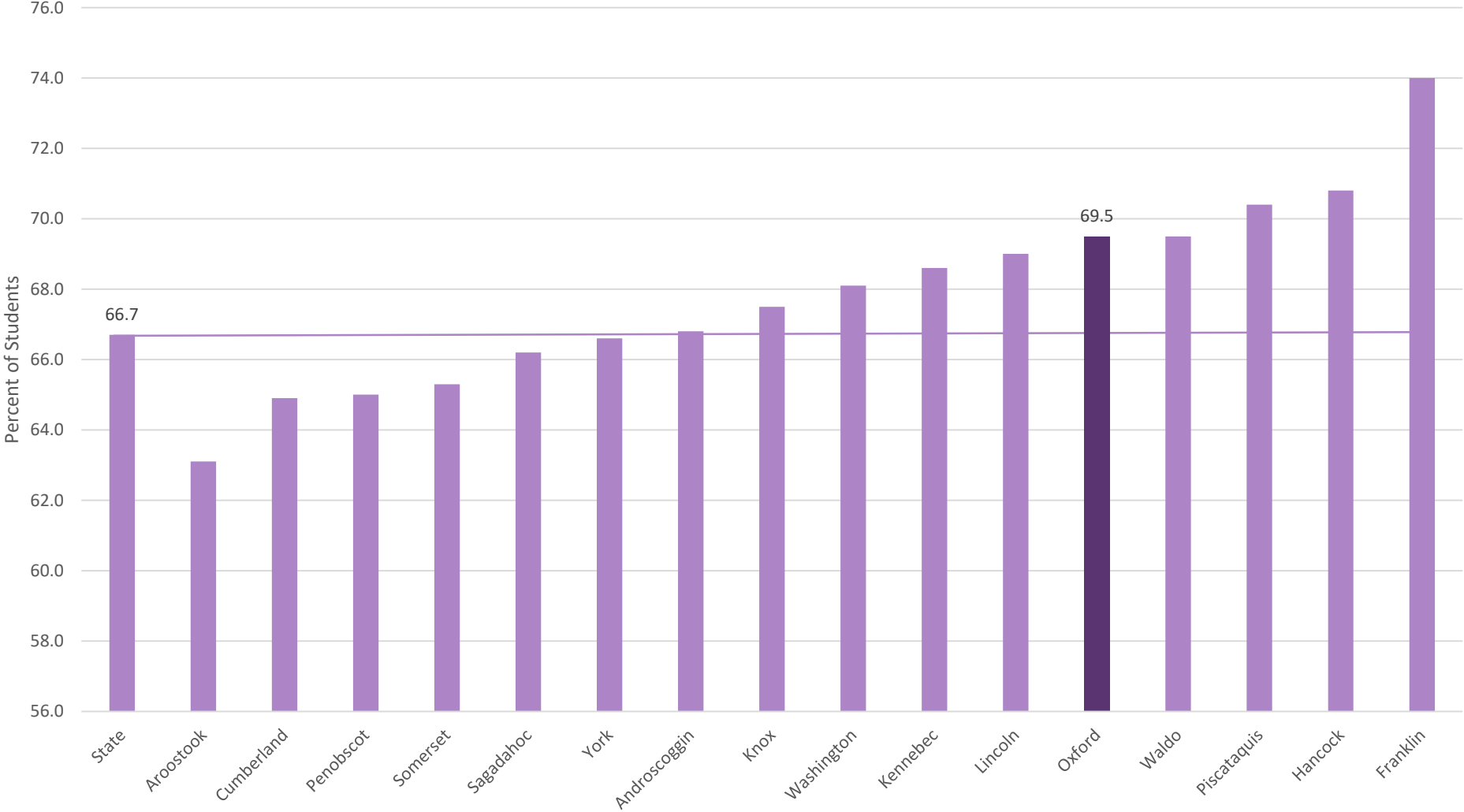
High School: Past 30 Day Marijuana Use



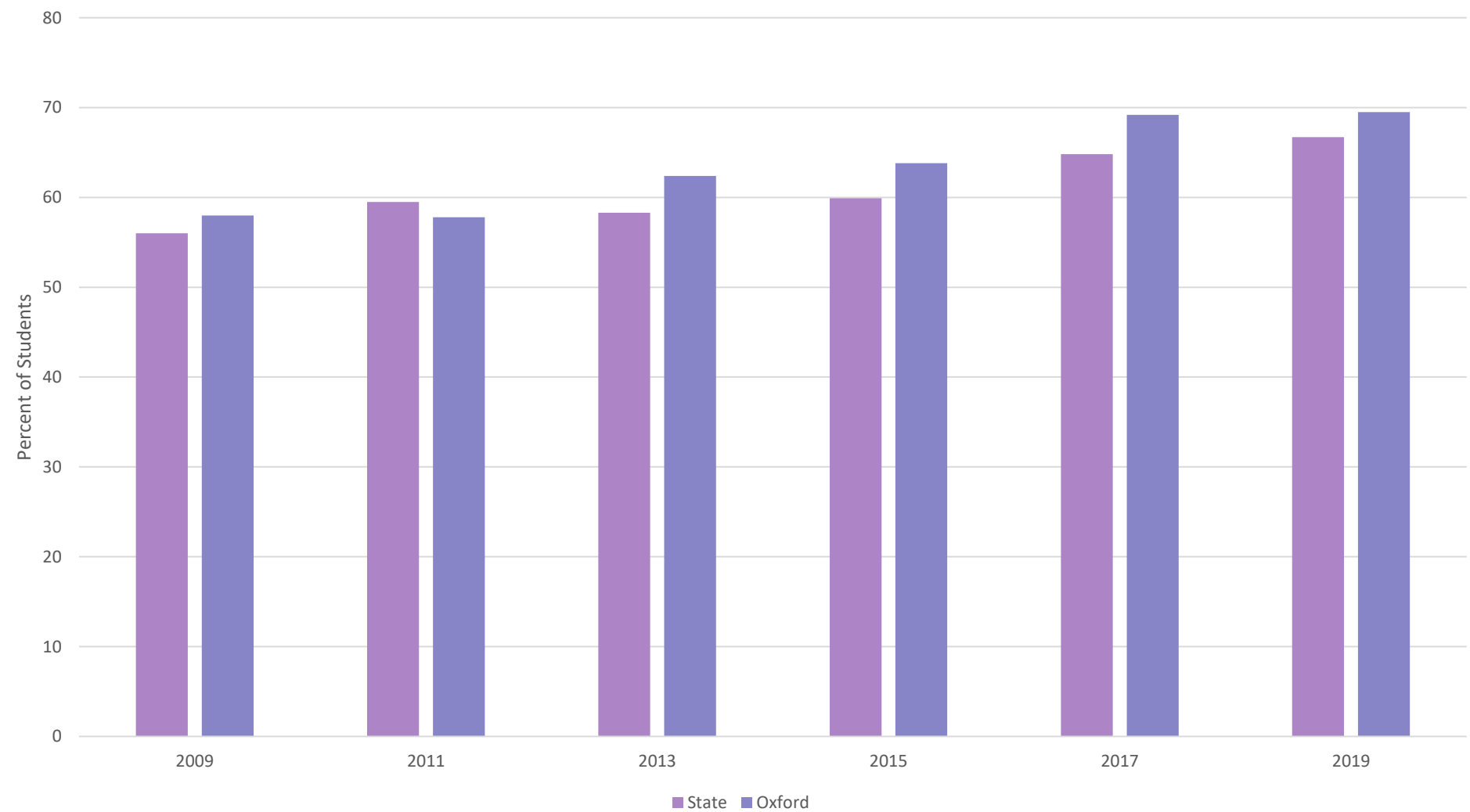
High School: Past 30 Day Marijuana



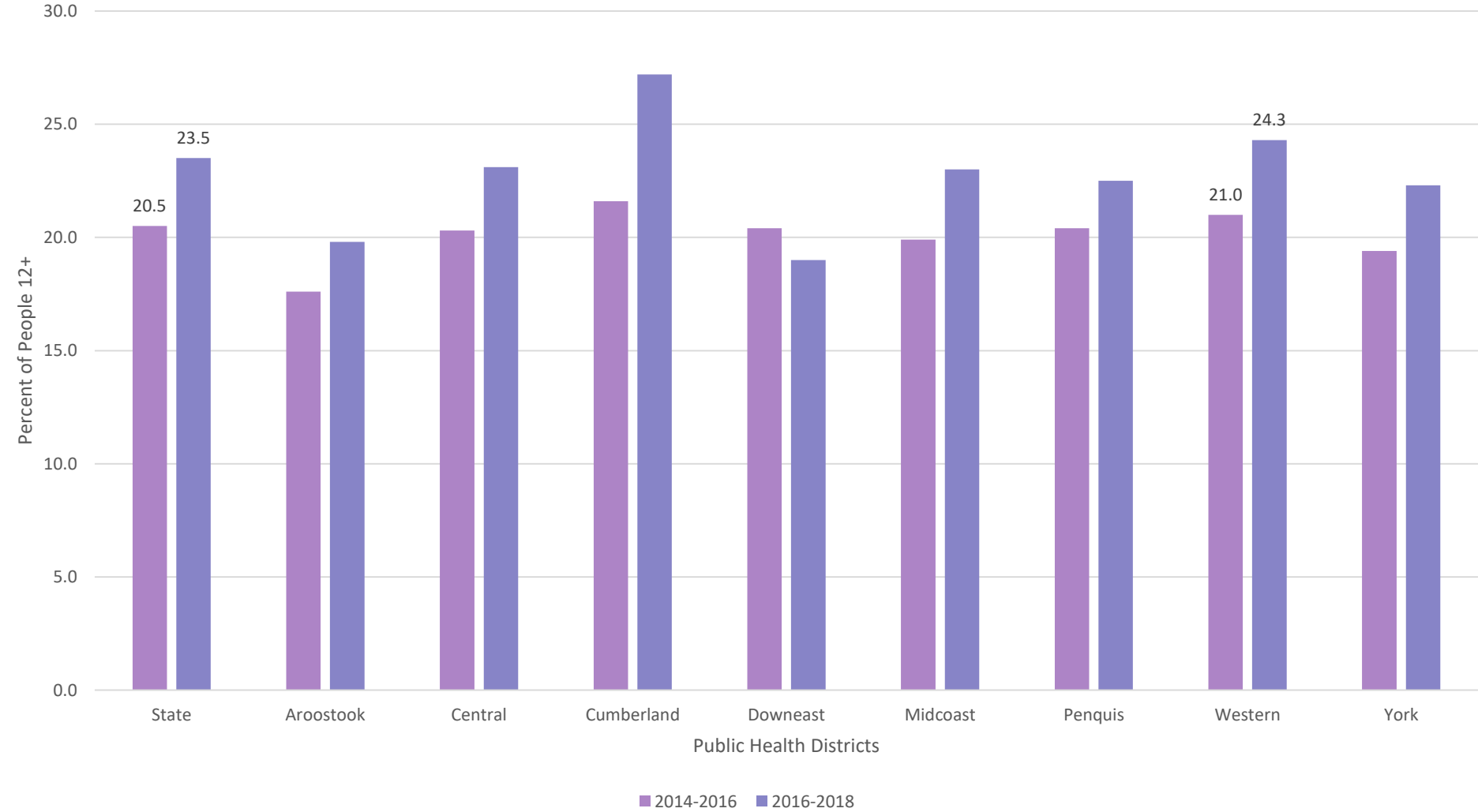
High School: Belief That Marijuana Is Low Risk



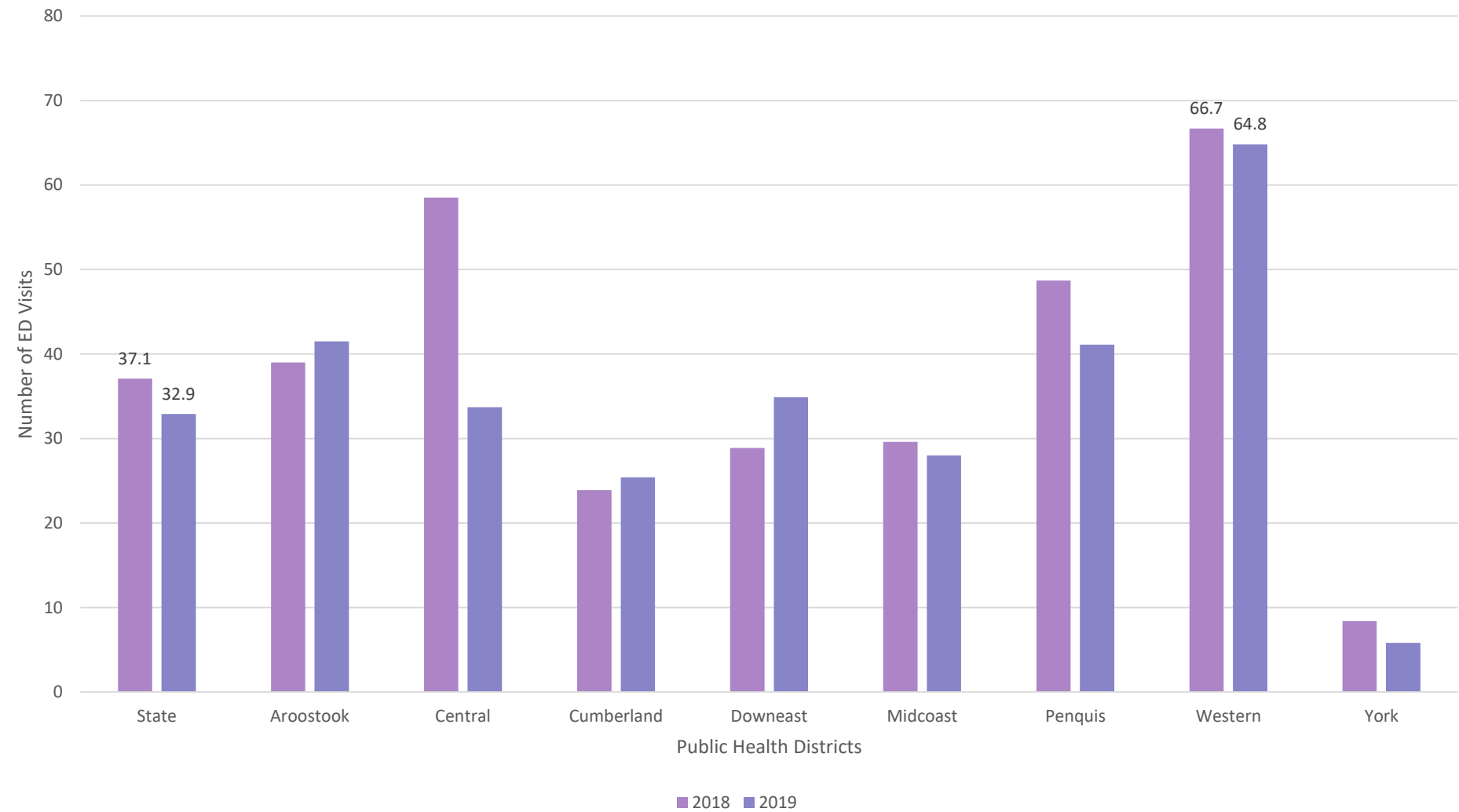
High School: Belief That Marijuana Is Low Risk



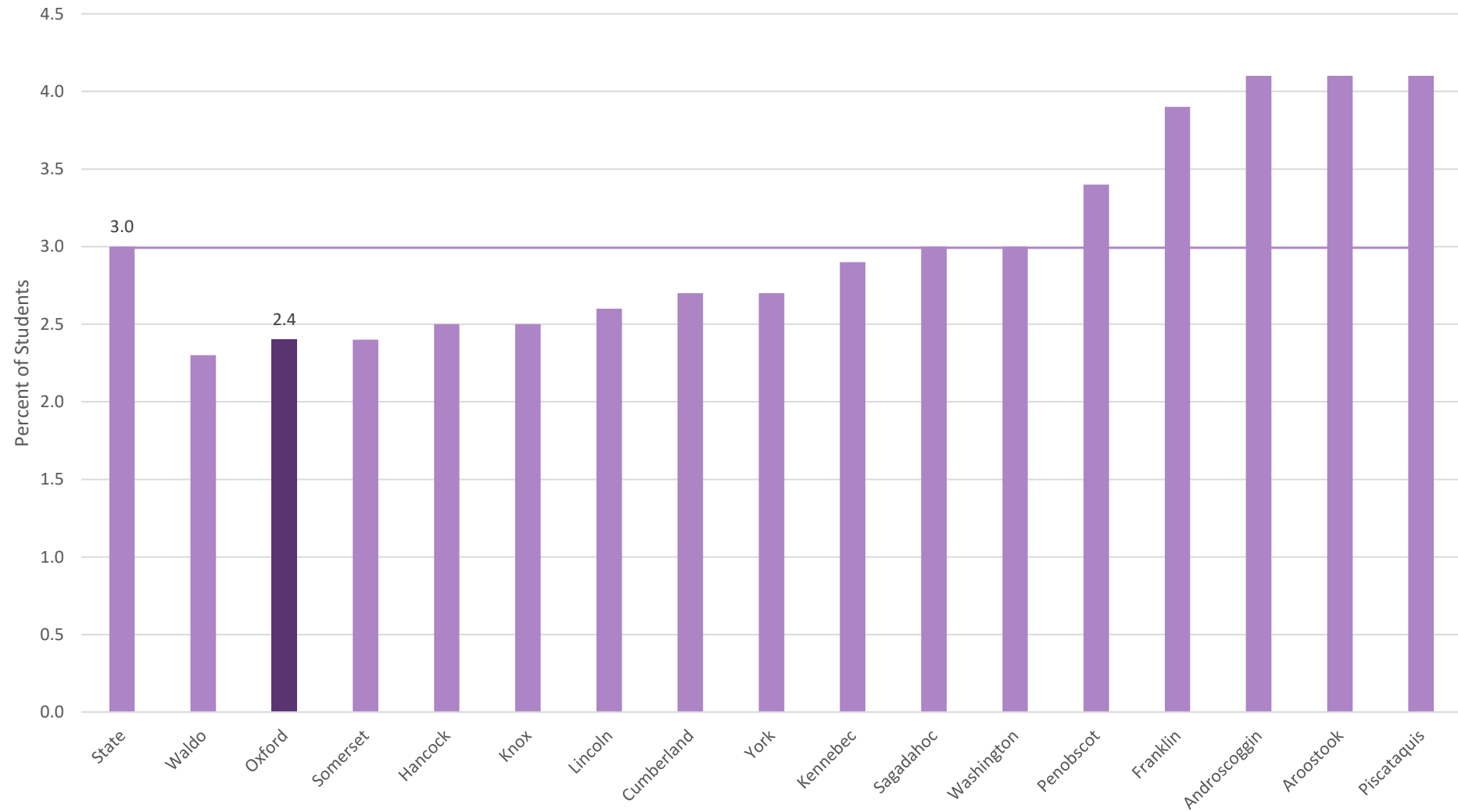
Past Year Marijuana Use Among People 12+



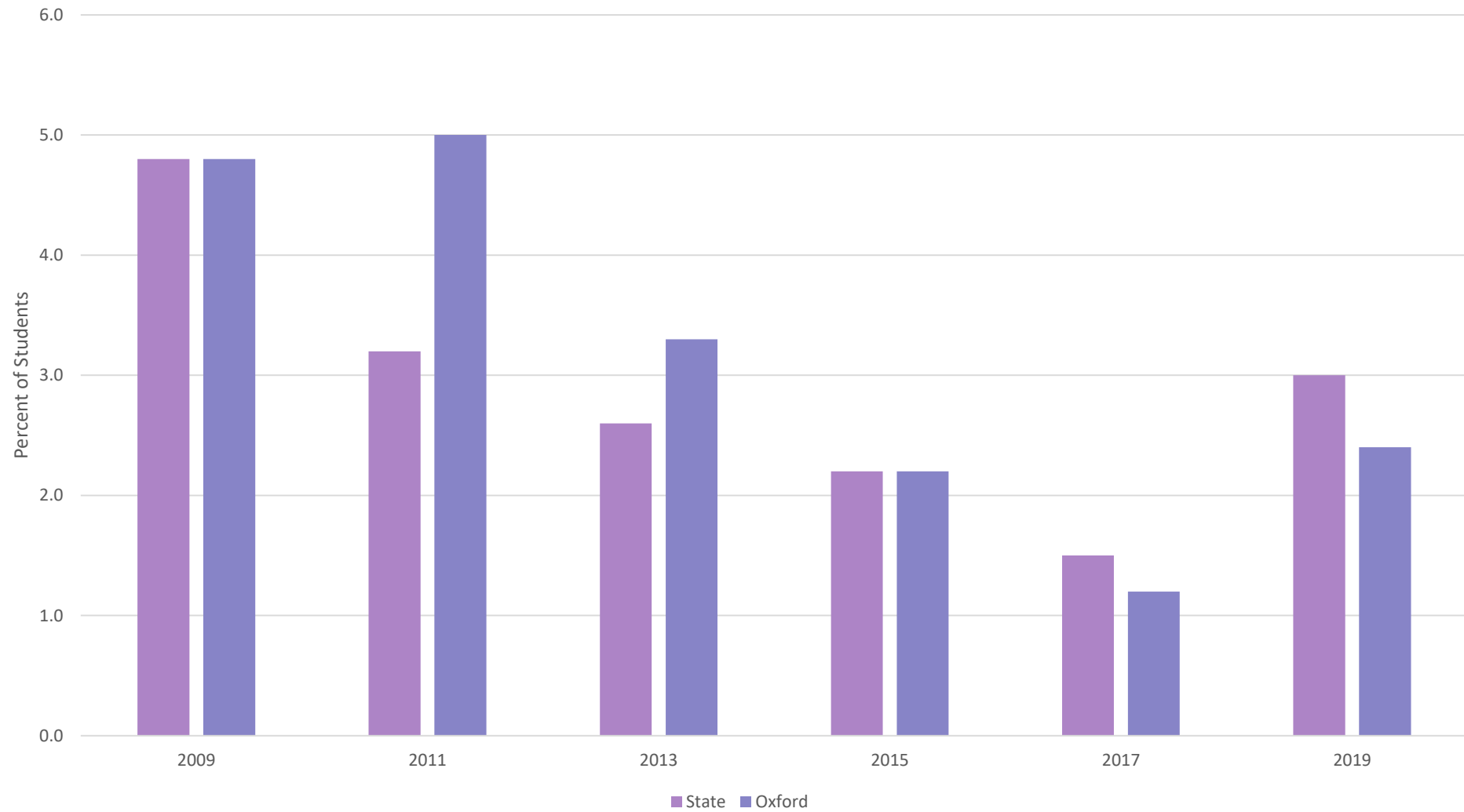
ED Visits Related to Cannabis Overdose per 10,000 visits



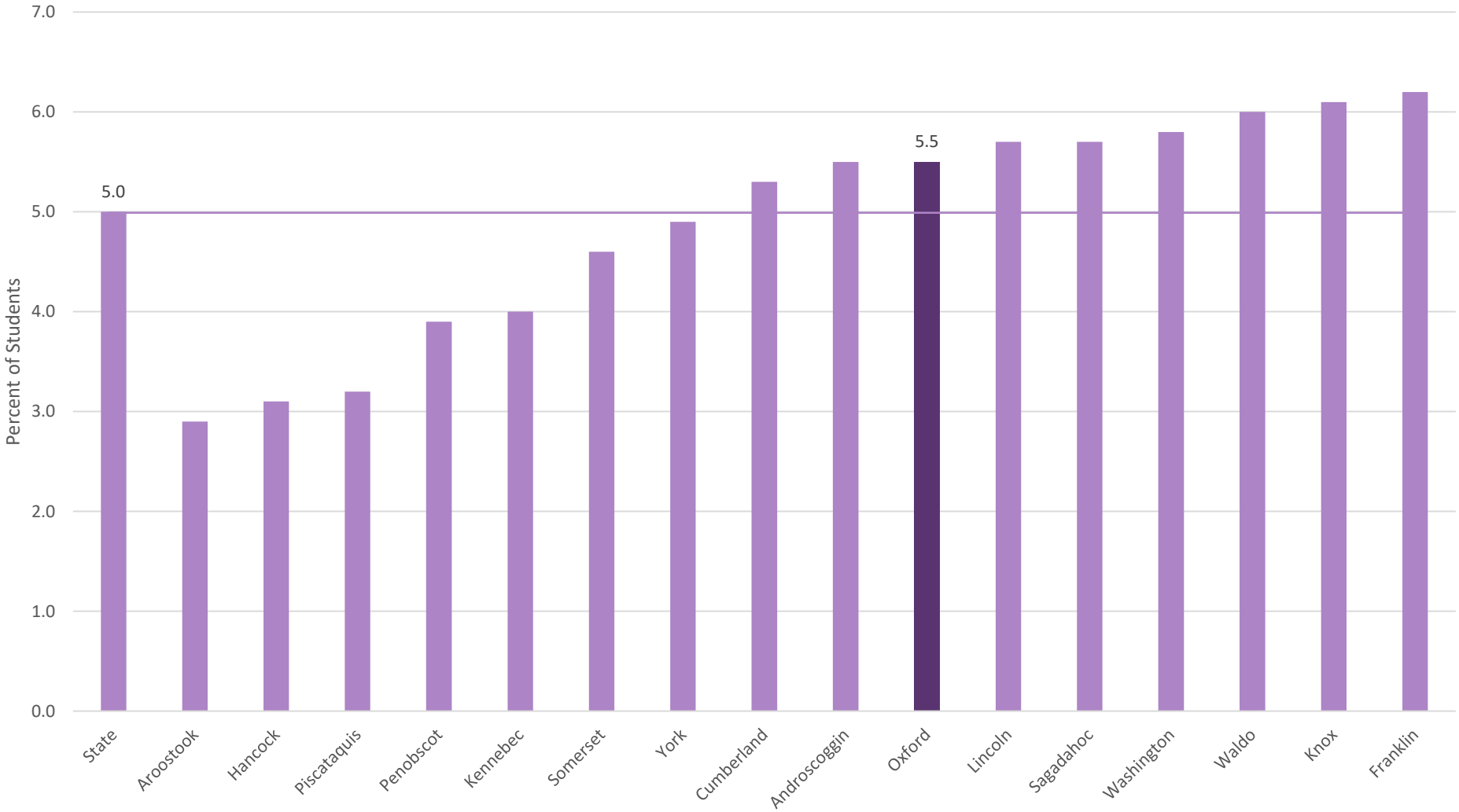
Middle School: Past 30 Day Rx Drug Misuse



Middle School: Past 30 Day Rx Drug Misuse



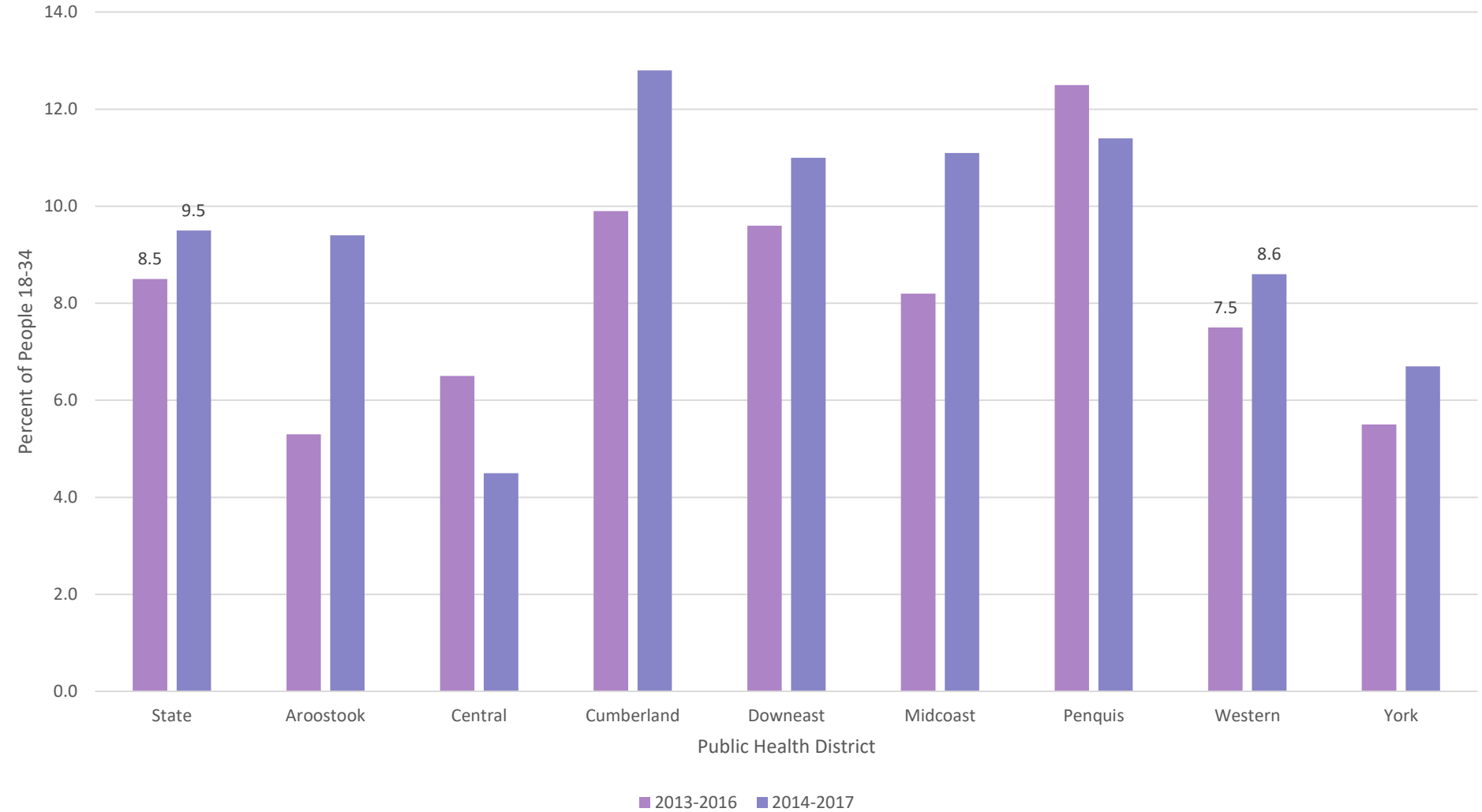
High School: Past 30 Day Rx Drug Misuse

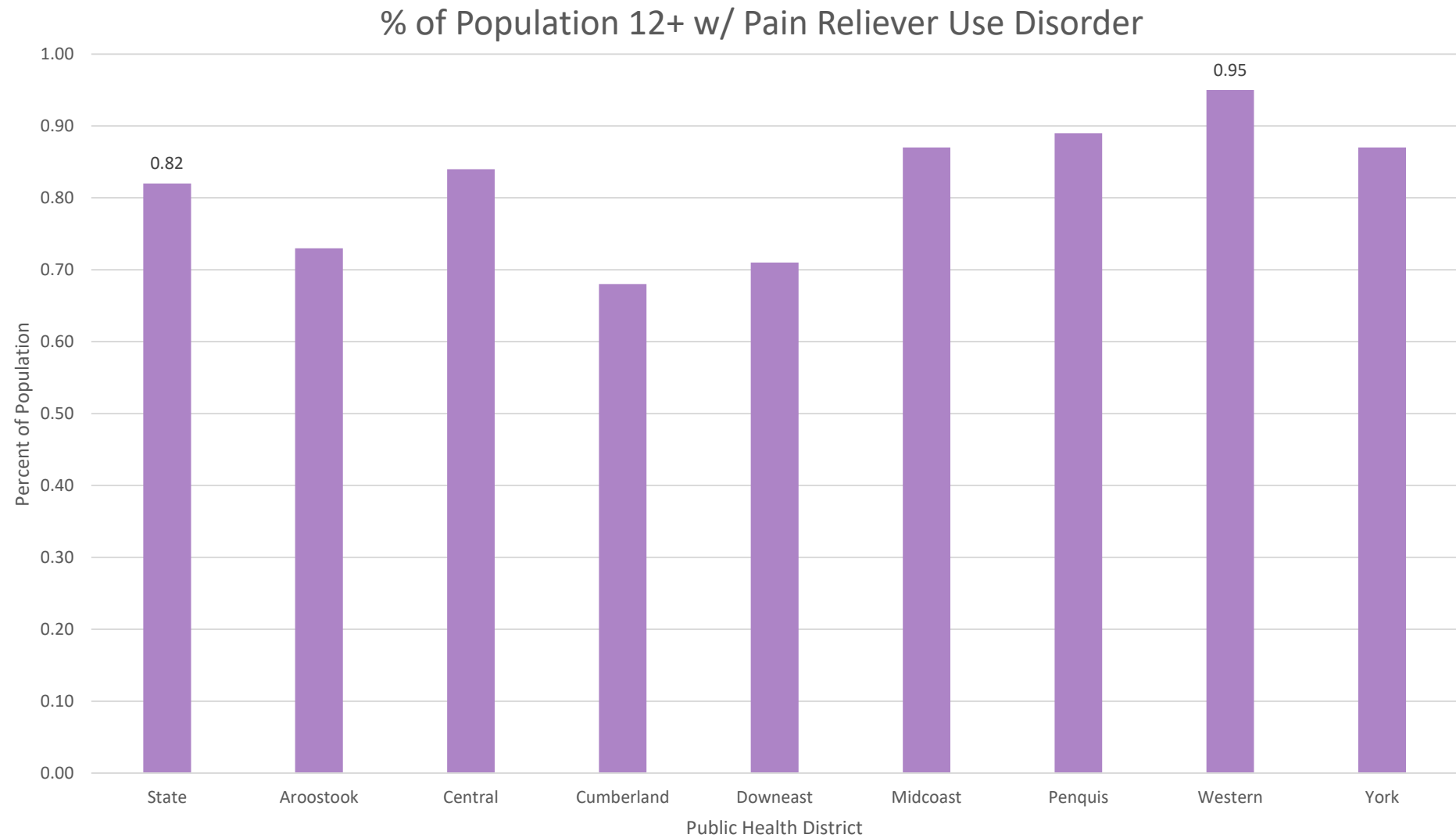


High School: Past 30 Day Rx Drug Misuse

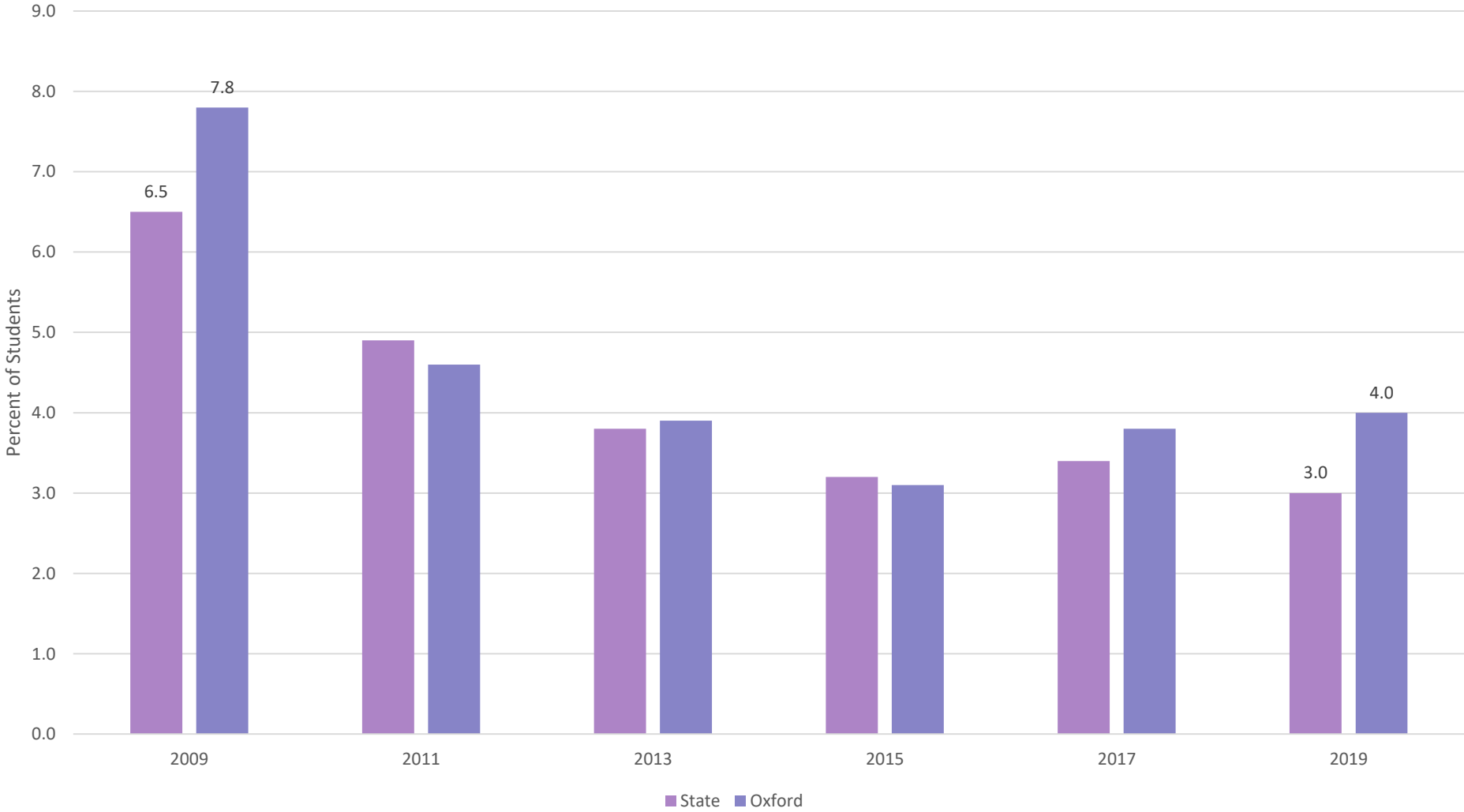


Lifetime Misuse of Rx Drugs Among 18-34

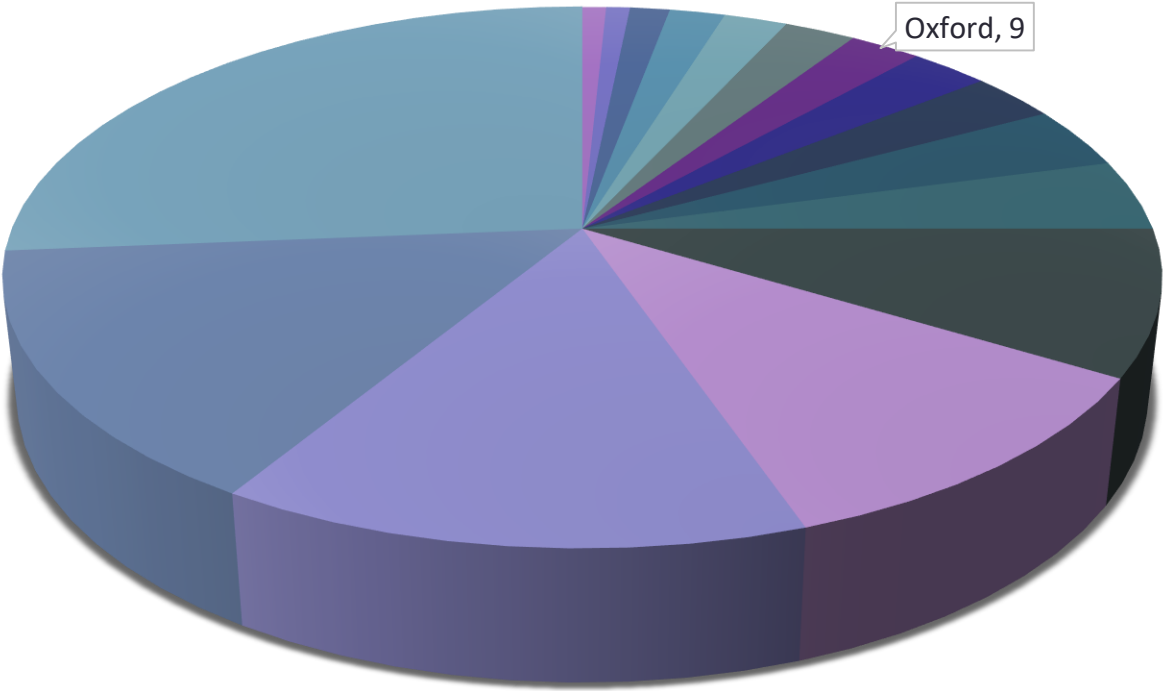




High School: Lifetime Heroin Use

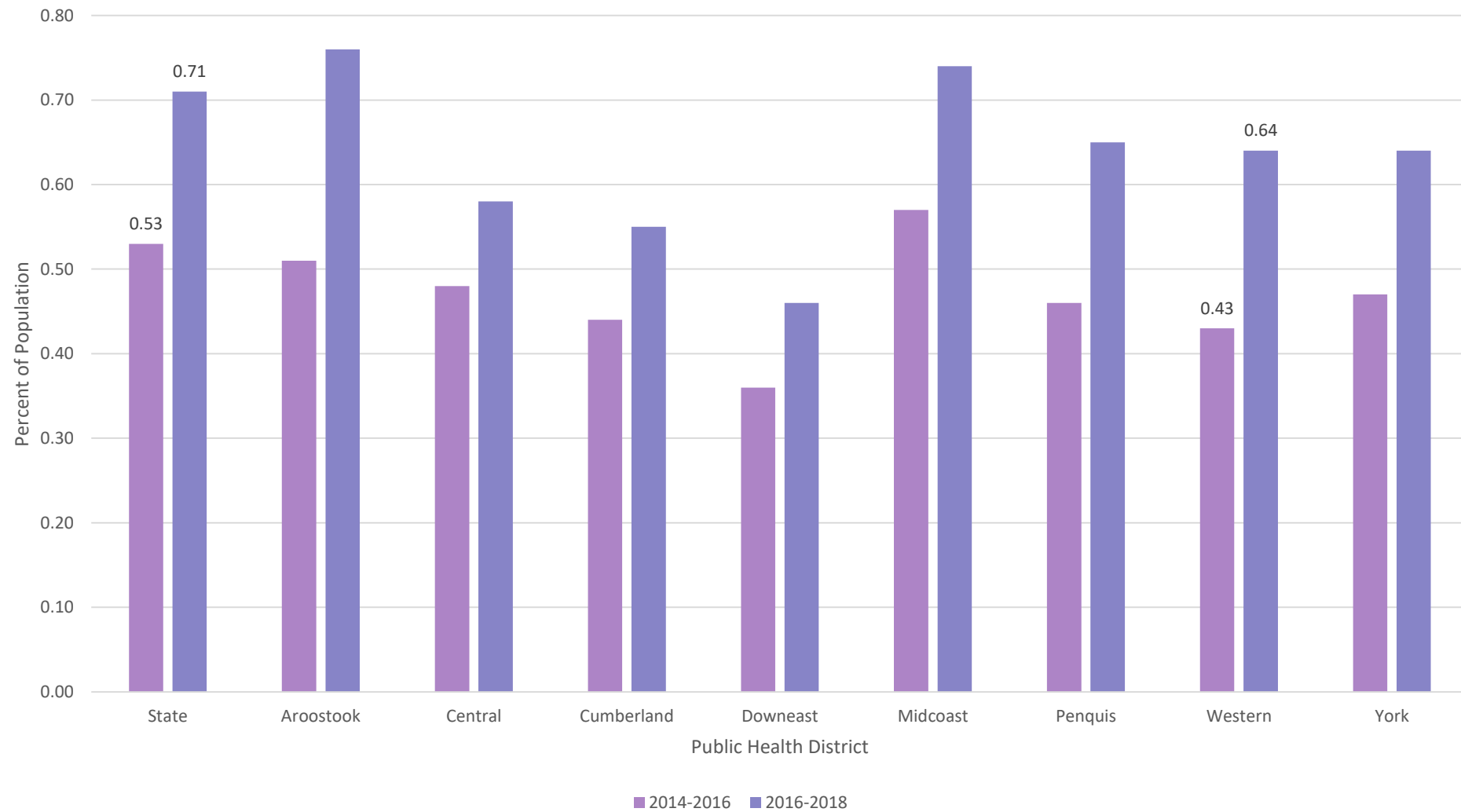


2019 Drug Overdose Deaths by County
(380 total deaths)

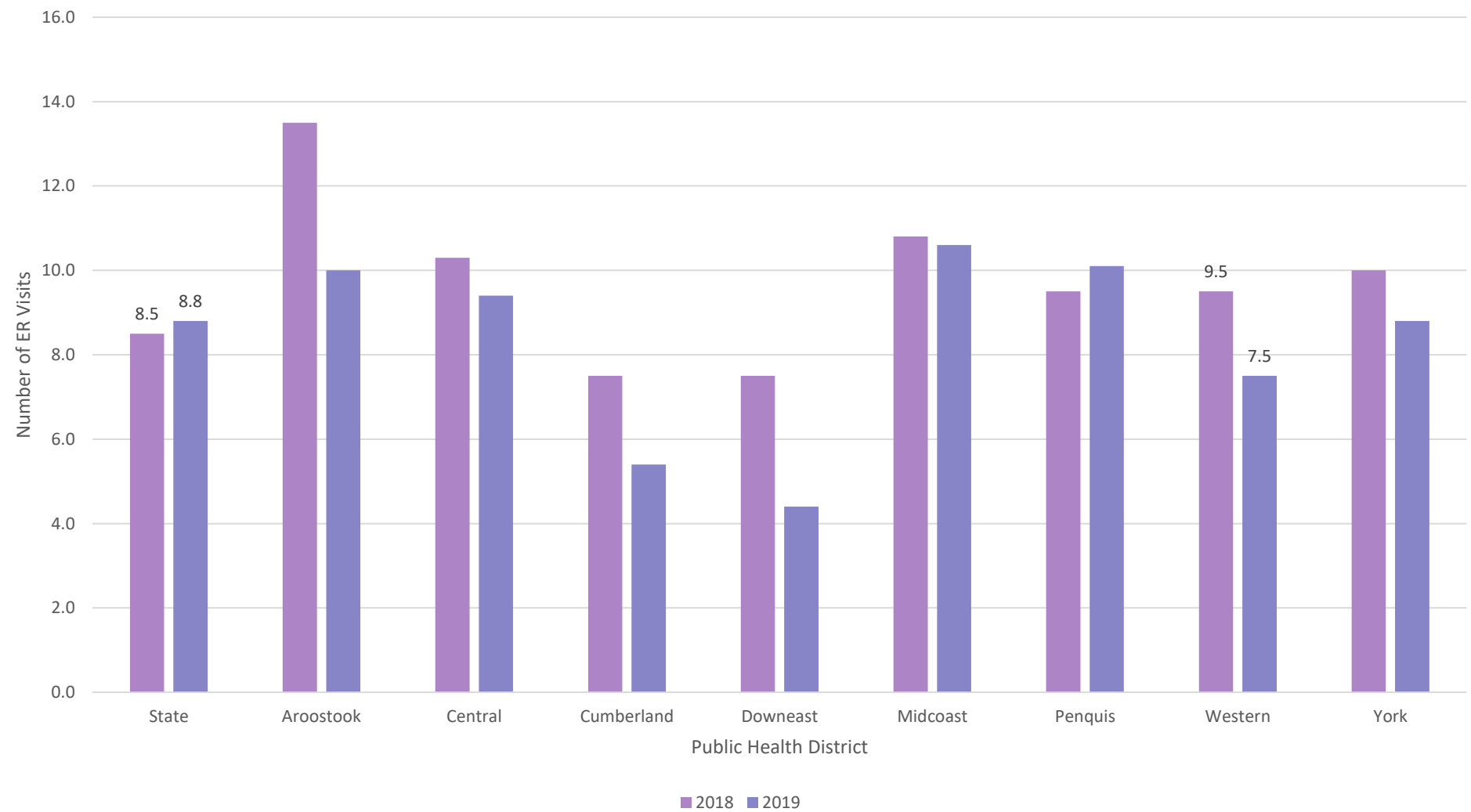


Piscataquis Waldo Franklin Knox Sagadahoc Hancock Oxford Washington
Lincoln Aroostook Somerset Androscoggin Kennebec Penobscot York Cumberland

Percent of Population 12+ with Past Year Heroin Use



Emergency Room Visits Related to Opioid Overdose per 10,000 Residents



Concerned about substance use in our communities?



- Meets on first Wednesdays, 6:00-7:30
- Email info@wmari.org to join their mailing list
- Join the WMARI Facebook group

Your perspectives

What problems do you see in the community related to use of...

- Alcohol?
- Marijuana?
- Prescription drugs?
- Stimulants and opioids?

Your perspectives

Are there certain parts of the community or sub-groups in the community where you have seen more evidence of substance use or its impacts related to...

- Alcohol?
- Marijuana?
- Prescription drugs?
- Stimulants and opioids?

Why do you feel the issue(s) present more there?

Why do you feel use is more evident among certain groups?

Your perspectives

What is the one greatest problem you see in the community related to use of...

- Alcohol?
- Marijuana?
- Prescription drugs?
- Stimulants and opioids?

What rationale/evidence do you have to support this as the greatest problem?

Your perspectives

What services do we lack in the community to prevent the use of...

- Alcohol?
- Marijuana?
- Prescription drugs?
- Stimulants and opioids?

What services does the community lack from other aspects of the continuum of care (intervention, treatment, recovery) exist?